## Chapter 4

## The quantum theory of light

In this chapter we study the quantum theory of interaction between light and matter. Historically the understanding how light is created and absorbed by atoms was central for development of quantum theory, starting with Planck's revolutionary idea of energy quanta in the description of black body radiation. Even if now the theoretical understanding of the quantum theory of light is embedded within the more complete quantum field theory with applications to the physics of elementary particles, the quantum theory of light and atoms has continued to be important and to be developed further. We will study the quantum description of the free electromagnetic field and the description of single photon processes. But we will also examine some coherent many-photon processes that are important in the application of quantum optics today.

### 4.1 Classical electromagnetism

The Maxwell theory of electromagnetism is the basis for the classical as well as the quantum description of radiation. With some modifications due to gauge invariance and to the fact that this is a field theory (with an infinite number of degrees of freedom) the quantum theory can be derived from classical theory by the standard route of canonical quantization. In this approach the natural choice of generalized coordinates correspond to the field amplitudes.

In this section we make a summary of the classical theory and show how a Lagrangian and Hamiltonian formulation of electromagnetic fields interacting with point charges can be given. At the next step this forms the basis for the quantum description of interacting fields and charges.

### 4.1.1 Maxwell's equations

Maxwell's equations (in Heaviside-Lorentz units) are

$$
\begin{align*}
\boldsymbol{\nabla} \cdot \mathbf{E} & =\rho \\
\boldsymbol{\nabla} \times \mathbf{B}-\frac{1}{c} \frac{\partial \mathbf{E}}{\partial t} & =\frac{1}{c} \mathbf{j} \\
\boldsymbol{\nabla} \cdot \mathbf{B} & =0 \\
\boldsymbol{\nabla} \times \mathbf{E}+\frac{1}{c} \frac{\partial \mathbf{B}}{\partial t} & =0 \tag{4.1}
\end{align*}
$$

with $\mathbf{E}$ and $\mathbf{B}$ as the electric and magnetic field strengths and $\rho$ and $\mathbf{j}$ as the charge density and current density. The equations are invariant under the relativistic Lorentz transformations, and this symmetry is manifest in a covariant formulation of the equations. In the covariant formulation the electric and magnetic fields are combined in the electromagnetic field tensor $F^{\mu \nu}$, where the indices $\mu$ and $\nu$ run from 0 to 3 . $\mu=0$ represents in the usual way the time component of the space-time coordinates and $\mu=1,2,3$ the space components. ${ }^{1}$ Written as a matrix the field tensor takes the form (when the first line and row correspond to the 0 'th component),

$$
F=\left(\begin{array}{cccc}
0 & E_{x} & E_{y} & E_{z}  \tag{4.2}\\
-E_{x} & 0 & B_{z} & -B_{y} \\
-E_{y} & -B_{z} & 0 & B_{x} \\
-E_{z} & B_{y} & -B_{x} & 0
\end{array}\right)
$$

The dual field tensor is defined by $\tilde{F}^{\mu \nu}=(1 / 2) \epsilon^{\mu \nu \rho \sigma} F_{\rho \sigma}$, where $\epsilon^{\mu \nu \rho \sigma}$ is the fourdimensional Levi-Civita symbol, which is anti-symmetric in permutation of all pairs of indices, and with the non-vanishing elements determined by the condition $\epsilon^{0123}=+1$. (Note that in this and other relativistic expressions we apply Einstein's summation convention with summation over repeated (upper and lower) indices.) In matrix form the dual tensor is

[^0]\[

\tilde{F}=\left($$
\begin{array}{cccc}
0 & B_{x} & B_{y} & B_{z}  \tag{4.3}\\
-B_{x} & 0 & -E_{z} & E_{y} \\
-B_{y} & E_{z} & 0 & -E_{x} \\
-B_{z} & -E_{y} & E_{x} & 0
\end{array}
$$\right)
\]

When written in terms of the field tensors and the and the 4-vector current density $j^{\mu}=(c \rho, \mathbf{j})$ Maxwell's equations gets the following compact form

$$
\begin{align*}
\partial_{\nu} F^{\mu \nu} & =\frac{1}{c} j^{\mu} \\
\partial_{\nu} \tilde{F}^{\mu \nu} & =0 \tag{4.4}
\end{align*}
$$

The Maxwell equations are, except for the presence of source terms, symmetric under the duality transformation $F^{\mu \nu} \rightarrow \tilde{F}^{\mu \nu}$, which corresponds to the following interchange of electric and magnetic fields

$$
\begin{equation*}
\mathbf{E} \rightarrow \mathbf{B}, \quad \mathbf{B} \rightarrow-\mathbf{E} \tag{4.5}
\end{equation*}
$$

In fact, the equations for the free fields are invariant under a continuous electricmagnetic transformation, which is an extension of the discrete duality transformation,

$$
\begin{align*}
& \mathbf{E} \rightarrow \cos \theta \mathbf{E}+\sin \theta \mathbf{B} \\
& \mathbf{B} \rightarrow-\sin \theta \mathbf{E}+\cos \theta \mathbf{B} \tag{4.6}
\end{align*}
$$

This symmetry is broken by the source terms of the Maxwell equation.
Formally the symmetry can be restored by introducing magnetic charge and magnetic current in addition to electric charge and current. In such an extended theory there would be two kinds of sources for electromagnetic fields, electric charge and magnetic charge, and in the classical theory such an extension would be unproblematic. However for the corresponding quantum theory, some interesting complications would arise. The standard theory is based on the use of electromagnetic potentials, which depend on the "magnetic equations" being source free.

A consistent quantum theory can however be formulated with magnetic charges, provided both electric and magnetic charges are associated with point particles and
provided they satisfy a quantization condition. ${ }^{2}$ This is interesting, since such a consistence requirement would give a fundamental explanation for the observed quantization of electric charge. Theoretical considerations like this have, over the years, lead to extensive searches for magnetic charges (or magnetic monopoles), but at this stage there is no evidence for the existence of magnetic charges in nature.

We will here follow the standard approach and assume the Maxwell equations (4.1) without magnetic sources to be correct. This admits the introduction of electromagnetic potentials

$$
\begin{equation*}
\mathbf{E}=-\boldsymbol{\nabla} \phi-\frac{1}{c} \frac{\partial}{\partial t} \mathbf{A}, \quad \mathbf{B}=\boldsymbol{\nabla} \times \mathbf{A} \tag{4.7}
\end{equation*}
$$

In covariant form this is written as

$$
\begin{equation*}
F^{\mu \nu}=\partial^{\mu} A^{\nu}-\partial^{\nu} A^{\mu} \equiv A^{\nu, \mu}-A^{\mu, \nu} \tag{4.8}
\end{equation*}
$$

where $A^{\mu}$ are the components of the four potential, $A=(\phi, \mathbf{A})$. When the fields $\mathbf{E}$ and $\mathbf{B}$ are expressed in terms of the potentials, the source free Maxwell equations are automatically fulfilled and the inhomogeneous equations get the covariant form

$$
\begin{equation*}
\partial_{\nu} \partial^{\nu} A^{\mu}-\partial^{\mu} \partial_{\nu} A^{\nu}=-\frac{1}{c} j^{\mu} \tag{4.9}
\end{equation*}
$$

Separated in time and space components the equations are

$$
\begin{align*}
\boldsymbol{\nabla}^{2} \phi+\frac{\partial}{\partial t} \boldsymbol{\nabla} \cdot \mathbf{A} & =-\rho \\
\boldsymbol{\nabla}^{2} \mathbf{A}-\boldsymbol{\nabla}(\boldsymbol{\nabla} \cdot \mathbf{A})-\frac{1}{c^{2}} \frac{\partial^{2}}{\partial t^{2}} \mathbf{A}-\frac{1}{c} \frac{\partial}{\partial t} \boldsymbol{\nabla} \phi & =-\frac{1}{c} \mathbf{j} \tag{4.10}
\end{align*}
$$

### 4.1.2 Field energy and field momentum

Maxwell' equations describe how moving charges give rise to electromagnetic fields. The fields on the other hand act back on the charges, through the Lorentz

[^1]force, which for a pointlike charge $q$ it has the form
\[

$$
\begin{equation*}
\mathbf{F}=q\left(\mathbf{E}+\frac{\mathbf{v}}{c} \times \mathbf{B}\right) \tag{4.11}
\end{equation*}
$$

\]

When the field is acting with a force on the charged particles this implies that energy and momentum is transferred between the field and the particles. Thus, the electromagnetic field carries energy and momentum, and the form of the energy and momentum density can be determined from Maxwell's equation and the form of the Lorentz force, by assuming conservation of energy and conservation of momentum.

To demonstrate this we consider a single pointlike particle is affected by the field, and the charge and momentum density therefore can be expressed as

$$
\begin{align*}
\rho(\mathbf{r}, t) & =q \delta(\mathbf{r}-\mathbf{r}(t)) \\
\mathbf{j}(\mathbf{r}, t) & =q \mathbf{v}(t) \delta(\mathbf{r}-\mathbf{r}(t)) \tag{4.12}
\end{align*}
$$

where $\mathbf{r}(t)$ and $\mathbf{v}(t)$ describe the posision and velocity of the particle of the particle as functions of time. The time derivative of the field energy $\mathcal{E}$ will equal the effect of the work performed on the particle

$$
\begin{equation*}
\frac{d}{d t} \mathcal{E}=-\mathbf{F} \cdot \mathbf{v}=-q \mathbf{v} \cdot \mathbf{E} \tag{4.13}
\end{equation*}
$$

By use of the field equations we re-write it in the following way

$$
\begin{align*}
\frac{d}{d t} \mathcal{E} & =-\int d^{3} r \mathbf{j} \cdot \mathbf{E} \\
& =-\int d^{3} r\left[c \mathbf{E} \cdot(\boldsymbol{\nabla} \times \mathbf{B})-\mathbf{E} \cdot \frac{\partial \mathbf{E}}{\partial t}\right] \\
& =\int d^{3} r\left[\mathbf{E} \cdot \frac{\partial \mathbf{E}}{\partial t}+\mathbf{B} \cdot \frac{\partial \mathbf{B}}{\partial t}-c \boldsymbol{\nabla} \cdot(\mathbf{E} \times \mathbf{B})\right] \\
& =\frac{d}{d t} \frac{1}{2} \int d^{3} r\left[E^{2}+B^{2}\right] \tag{4.14}
\end{align*}
$$

where in the last step surface terms in the integral have been disregarded, since we may assume that the fields fall off sufficiently rapid at infinity. The corresponding expression for the energy is

$$
\begin{equation*}
\mathcal{E}=\int d^{3} r \frac{1}{2}\left[E^{2}+B^{2}\right] \tag{4.15}
\end{equation*}
$$

In a similar way we consider the change in the field momentum $\mathcal{P}$,

$$
\begin{equation*}
\frac{d}{d t} \mathcal{P}=-\mathbf{F}=-q\left(\mathbf{E}+\frac{\mathbf{v}}{c} \times \mathbf{B}\right) \tag{4.16}
\end{equation*}
$$

This we re-write as

$$
\begin{align*}
\frac{d}{d t} \mathcal{P} & =-\int d^{3} r\left[\rho \mathbf{E}+\frac{1}{c} \mathbf{j} \times \mathbf{B}\right] \\
& =-\int d^{3} r\left[\mathbf{E}(\boldsymbol{\nabla} \cdot \mathbf{E})+\left(\boldsymbol{\nabla} \times \mathbf{B}-\frac{1}{c} \frac{\partial}{\partial t} \mathbf{E}\right) \times \mathbf{B}\right] \\
& =-\int d^{3} r\left[-(\boldsymbol{\nabla} \times \mathbf{E}) \times \mathbf{E}+\left(\boldsymbol{\nabla} \times \mathbf{B}-\frac{1}{c} \frac{\partial}{\partial t} \mathbf{E}\right) \times \mathbf{B}\right] \\
& =\int d^{3} r\left[-\frac{1}{c} \frac{\partial}{\partial t} \mathbf{B} \times \mathbf{E}+\frac{1}{c} \frac{\partial}{\partial t} \mathbf{E} \times \mathbf{B}\right] \\
& =\frac{d}{d t} \int d^{3} r \frac{1}{c} \mathbf{E} \times \mathbf{B} \tag{4.17}
\end{align*}
$$

where again surface terms have been neglected. The expression for the field momentum is then

$$
\begin{equation*}
\mathcal{P}=\int d^{3} r \frac{1}{c} \mathbf{E} \times \mathbf{B} \tag{4.18}
\end{equation*}
$$

In the relativistic formulation the energy density and the momentum density are combined in the symmetric energy-momentum tensor,

$$
\begin{equation*}
T^{\mu \nu}=-\left(F^{\mu \rho} F_{\rho}^{\nu}+\frac{1}{4} g^{\mu \nu} F_{\rho \sigma} F^{\rho \sigma}\right) \tag{4.19}
\end{equation*}
$$

The energy density corresponds to the time component $T^{00}$ and the momentum density (times $c$ ) to the component $T^{0 i}, i=1,2,3$.

### 4.1.3 Lagrange and Hamilton formulations of the classical Maxwell theory

## The Lagrangian density

Maxwell' equation can be derived from a variational principle, similar to Hamilton's principle for a mechanical system. Since the variable is a field, i.e., a function of both $\mathbf{r}$ and $t$, the action is an integral over space and time, of the form

$$
\begin{equation*}
S\left[A^{\mu}(\mathbf{r}, t)\right]=\int_{\Omega} d^{4} x \mathcal{L}\left(A^{\mu}, A^{\mu, \nu}\right) \tag{4.20}
\end{equation*}
$$

where $\mathcal{L}$ is the Lagrangian density and $\Omega$ is the chosen space-time region. The Lagrangian density is a local function of the field variable $A^{\mu}$ and its derivative,

$$
\begin{equation*}
\mathcal{L}=-\frac{1}{4} F_{\mu \nu} F^{\mu \nu}+\frac{1}{c} A^{\mu} j_{\mu} \tag{4.21}
\end{equation*}
$$

with $F^{\mu \nu}=A^{\nu, \mu}-A^{\mu, \nu}$ treated as a derivative of the field variable.
A dynamical field, i.e., a solution of Maxwell's equations for given boundary conditions (on the boundary of $\Omega$ ), corresponds to a solution of the variational equation,

$$
\begin{equation*}
\delta S=0 \tag{4.22}
\end{equation*}
$$

where this condition should be fulfilled for arbitrary variations in the field variables, with fixed values on the boundary of $\Omega$. The equivalence between this variational equation and the differential (Maxwell) equations is shown in the same way as for the equation of motion of a mechnical system, with a discrete set of coordinates.

The variation in $S$ is, to first order in the variation of the field variable $A^{\mu}$, given by

$$
\begin{equation*}
\delta S=\int_{\Omega} d^{4} x\left[\frac{\partial \mathcal{L}}{\partial A^{\mu}}-\partial_{\nu}\left(\frac{\partial \mathcal{L}}{\partial A^{\mu, \nu}}\right)\right] \delta A^{\mu} \tag{4.23}
\end{equation*}
$$

where in this expression we have made a partial integration and used the fact that $\delta A^{\mu}$ vanishes on the boundary of $\Omega$. Since the variation should otherwise be free, the variational equation (4.22) is satisfied only if the field satisfies the Euler-Lagrange equation

$$
\begin{equation*}
\frac{\partial \mathcal{L}}{\partial A^{\mu}}-\partial_{\nu}\left(\frac{\partial \mathcal{L}}{\partial A^{\mu, \nu}}\right)=0 \tag{4.24}
\end{equation*}
$$

With $\mathcal{L}$ given by (4.21) it is straight forward to check that the Euler-Lagrange equation reproduces the inhomogeneous Maxwell equations.

## The canonical field momentum

The Lagrange and Hamilton formulations give equivalent descriptions of the dynamics in analytical mechanics. Also in the case of field theories, a Hamiltonian can be derived from the Lagrangian density, but with electromagnetism there are some complications to be dealt with. We first note that the Lagrangian formulation is well suited to fit the relativistic invariance of the theory, since it makes
no difference in the treatment of the space and time coordinates. That is not so for the Hamiltonian formulation, which does distinguish the time direction. This carries over to the (standard) quantum description, where time is distinguished in the Schrödinger equation. This does not mean that relativistic invariance cannot be incorporated in the Hamiltonian description, but it is not as explicit as in the Lagrange formulation.

To define the Hamiltonian we first need to identify a set of independent variables and their corresponding canonical momenta. As field variables we tentatively use the potential $A^{\mu}(\mathbf{r})$, where $\mathbf{r}$ can be viewed as a continuous and $\mu$ as a discrete index for the field coordinate. (For a mechanical system $\mathbf{r}$ and $\mu$ correspond to the discrete index $k$ which labels the independent generalized coordinates $q_{k}$.) Like the field variable, the canonical momentum now is a field, $\pi^{\mu}=\pi^{\mu}(\mathbf{r})$. It is defined by

$$
\begin{equation*}
\pi^{\mu}=\frac{\partial \mathcal{L}}{\partial \dot{A}_{\mu}}=\frac{1}{c} \frac{\partial \mathcal{L}}{\partial A_{\mu, 0}} \tag{4.25}
\end{equation*}
$$

We note here the different treatment of the time and space coordinate.
The Lagrangian density (4.21) gives the following expression for the canonical field momentum

$$
\begin{align*}
\pi^{\mu} & =\frac{1}{c} \frac{\partial}{\partial A_{\mu, 0}}\left[-\frac{1}{2}\left(A_{\mu, \nu} A^{\mu, \nu}-A_{\mu, \nu} A^{\nu, \mu}\right)-\frac{1}{c} A^{\mu} j_{\mu}\right] \\
& =\frac{1}{c} F^{\mu 0} \tag{4.26}
\end{align*}
$$

The space part ( $\mu=1,2,3$ ) is proportional to the electric field, but note that the time component vanishes, $\pi^{0}=0$. Also note that the canonical momentum defined by the Lagrangian is this way is not directly related to the physical momentum carried by the electromagnetic field, as earlier has been found from momentum conservation.

The fact that there is no canonical momentum corresponding to the field component $A^{0}$ indicates that the choice we have made for the generalized coordinates of the electromagnetic field is not complitely satisfactory. The field amplitudes $A^{\mu}$ cannot all be seen as describing independent degrees of freedom. This has to do with the gauge invariance of the theory, and we proceed to discuss how this problem can be handled.

## Gauge invariance and gauge fixing

We consider the following transformation of the electromagnetic potentials

$$
\begin{equation*}
\mathbf{A} \rightarrow \mathbf{A}^{\prime}=\mathbf{A}+\boldsymbol{\nabla} \chi, \phi \rightarrow \phi^{\prime}=\phi+\frac{1}{c} \frac{\partial}{\partial t} \chi \tag{4.27}
\end{equation*}
$$

where $\chi$ is a (scalar) function of space and time. In covariant form it is

$$
\begin{equation*}
A^{\mu} \rightarrow A^{\mu \prime}=A^{\mu}+\partial^{\mu} \chi \tag{4.28}
\end{equation*}
$$

This is a gauge transformation of the potentials, and it is straight forward to show that such a transformation leaves the field strengths $\mathbf{E}$ and $\mathbf{B}$ invariant. The usual way to view the invariance of the fields under this transformation is that it reflects the presence of a non-physical degree of freedom in the potentials. The potentials define an overcomplete set of variables for the electromagnetic field. For the Hamiltonian formulation to work it is necessary to identify the independent, physical degrees of freedom.

There are two different constraints, or gauge conditions, that are often used to remove the unphysical degree of freedom associated with gauge invariance. The Coulomb (or radiation) gauge condition is

$$
\begin{equation*}
\boldsymbol{\nabla} \cdot \mathbf{A}=0 \tag{4.29}
\end{equation*}
$$

and the Lorentz (or covariant) gauge condition is

$$
\begin{equation*}
\partial_{\mu} A^{\mu}=0 \tag{4.30}
\end{equation*}
$$

The first one is often used when the interaction between radiation and atoms is considered, since the electrons then move non-relativistically and therefore there is no need for a covariant form of the gauge condition. This is the condition we will use here. The Lorentz gauge condition is often used in the description of interaction between radiation and relativistic electrons and other charged particles. The relativistic form of the field equations then are not explicitely broken by the gauge condition, but the prize to pay is that in the quantum description one has to include unphysical photon states.

## Hamiltonian in the Coulomb gauge

In Coulomb gauge Maxwell's (inhomogeneous) equations reduce to the following form

$$
\begin{align*}
\boldsymbol{\nabla}^{2} \phi & =-\rho  \tag{4.31}\\
\left(\frac{1}{c^{2}} \frac{\partial^{2}}{\partial t^{2}}-\boldsymbol{\nabla}^{2}\right) \mathbf{A} & =\frac{1}{c} \mathbf{j}_{T} \tag{4.32}
\end{align*}
$$

Where

$$
\begin{equation*}
\mathbf{j}_{T}=\mathbf{j}-\frac{\partial}{\partial t} \boldsymbol{\nabla} \phi \tag{4.33}
\end{equation*}
$$

is the transverse component of th current density. ${ }^{3}$ It satisfies the transversality condition as a consequence of the continuity equation for charge,

$$
\begin{align*}
\boldsymbol{\nabla} \cdot \mathbf{j}_{T} & =\boldsymbol{\nabla} \cdot \mathbf{j}-\frac{\partial}{\partial t} \boldsymbol{\nabla}^{2} \phi \\
& =\boldsymbol{\nabla} \cdot \mathbf{j}+\frac{\partial}{\partial t} \rho \\
& =0 \tag{4.34}
\end{align*}
$$

We note that the equation for the scalar field $\phi$ contains no time derivatives, and can be solved in tems of the charge distribution,

$$
\begin{equation*}
\phi(\mathbf{r}, t)=\int d^{3} r^{\prime} \frac{\rho\left(\mathbf{r}^{\prime}, t\right)}{4 \pi\left|\mathbf{r}-\mathbf{r}^{\prime}\right|} \tag{4.35}
\end{equation*}
$$

This is the electrostatic (Coulomb) potential of a stationary charge distribution which coincides with the true charge distribution $\rho(\mathbf{r}, t)$ at time $t$. Note that the relativistic retardation effects associated with the motion of charges are not present, and the vector potential $\mathbf{A}$ is therefore needed to give the correct relativistic form of the electromagnetic field set up by the charges.

The $\phi$-field carries no independent degrees of freedom of the electromagnetic field, it is fully determined by the position of the charges. The dynamics of the Maxwell field is then carried solely by the vector potential $\mathbf{A}$. In the quantum description the photons are therefore associated only with the field amplitude $\mathbf{A}$ and not with $\phi .{ }^{4}$

[^2]Expressed in terms of the dynamical $\mathbf{A}$ field the Lagrangian density gets the form

$$
\begin{align*}
\mathcal{L} & =-\frac{1}{4} F_{\mu \nu} F^{\mu \nu}+\frac{1}{c} j_{\mu} A^{\mu} \\
& =\frac{1}{2 c^{2}} \dot{\mathbf{A}}^{2}+\frac{1}{c} \dot{\mathbf{A}} \cdot \boldsymbol{\nabla} \phi+\frac{1}{2}(\boldsymbol{\nabla} \phi)^{2}-\frac{1}{2}(\boldsymbol{\nabla} \times \mathbf{A})^{2}+\frac{1}{c} \mathbf{j} \cdot \mathbf{A}-\rho \phi(4) \tag{4.36}
\end{align*}
$$

Two of the terms we re-write as

$$
\begin{align*}
\frac{1}{c} \dot{\mathbf{A}} \cdot \boldsymbol{\nabla} \phi & =\frac{1}{c} \boldsymbol{\nabla} \cdot(\dot{\mathbf{A}} \phi)-\frac{1}{c} \phi \boldsymbol{\nabla} \cdot \dot{\mathbf{A}} \\
& =\frac{1}{c} \boldsymbol{\nabla} \cdot(\dot{\mathbf{A}} \phi) \tag{4.37}
\end{align*}
$$

and

$$
\begin{align*}
\frac{1}{2}(\boldsymbol{\nabla} \phi)^{2} & =\frac{1}{2} \boldsymbol{\nabla} \cdot(\phi \boldsymbol{\nabla} \phi)-\frac{1}{2}\left(\phi \boldsymbol{\nabla}^{2} \phi\right) \\
& =\frac{1}{2} \boldsymbol{\nabla} \cdot(\phi \boldsymbol{\nabla} \phi)+\frac{1}{2} \rho \phi \tag{4.38}
\end{align*}
$$

where the Coulomb gauge condition has been used in the first equation. We note that the divergences in these expressions give unessential contributions to the La grangian and can be deleted. This is so since divergences only give rise to surface terms in the action integral and therefore do not affect the field equations.

With the divergence terms neglected the Lagrangian density gets the form ${ }^{5}$

$$
\begin{equation*}
\mathcal{L}=\frac{1}{2 c^{2}} \dot{\mathbf{A}}^{2}-\frac{1}{2}(\boldsymbol{\nabla} \times \mathbf{A})^{2}+\frac{1}{c} \mathbf{j} \cdot \mathbf{A}-\frac{1}{2} \rho \phi \tag{4.39}
\end{equation*}
$$

The field degrees of freedom are now carried by the components of the vector field, which still has to satisfy the constraint equation $\boldsymbol{\nabla} \cdot \mathbf{A}=0$. The conjugate momentum is

$$
\begin{equation*}
\boldsymbol{\pi}=\frac{1}{c^{2}} \cdot \dot{\mathbf{A}} \equiv-\frac{1}{c} \mathbf{E}_{T} \tag{4.40}
\end{equation*}
$$

[^3]where $\mathrm{E}_{T}$ denotes the transverse part of the electric field, the part where $-\boldsymbol{\nabla} \phi$ is not included.

So far we have not worried about the degrees of freedom associated with the charges. We will now include them in the description by assuming the charges to be carried by point particles. This means that we express the charge density and current as

$$
\begin{align*}
\rho(\mathbf{r}, t) & =\sum_{i} e_{i} \delta\left(\mathbf{r}-\mathbf{r}_{i}(t)\right) \\
\mathbf{j}(\mathbf{r}, t) & =\sum_{i} e_{i} \mathbf{v}_{i}(t) \delta\left(\mathbf{r}-\mathbf{r}_{i}(t)\right) \tag{4.41}
\end{align*}
$$

where the sum is over all the particles with $\mathbf{r}_{i}(t)$ and $\mathbf{v}_{i}(t)$ as the position and velocity of particle $i$ as functions of time. The action integral of the full interacting system we write as

$$
\begin{equation*}
S=\int d^{3} r L=\int d^{3} r\left(L_{\text {field }}+L_{\text {int }}+L_{\text {part }}\right) \tag{4.42}
\end{equation*}
$$

where $L_{\text {field }}+L_{\text {int }}$ is the space integral of the Lagrangian density (4.39) and $L_{\text {part }}$ is the standard Lagrangian of free non-relativisic particles. By performing the space integral over the charge density and current, we find the following expression for the Lagrangian, ${ }^{6}$

$$
\begin{align*}
L= & \int d^{3} r\left[\frac{1}{2 c^{2}} \dot{\mathbf{A}}^{2}-\frac{1}{2}(\boldsymbol{\nabla} \times \mathbf{A})\right]+\sum_{i} \frac{e_{i}}{c} \mathbf{v}_{i} \cdot \mathbf{A}\left(\mathbf{r}_{i}\right) \\
& -\frac{1}{2} \sum_{i \neq j} \frac{e_{i} e_{j}}{4 \pi\left[\mathbf{r}_{i}-\mathbf{r}_{j} \mid\right.}+\sum_{i} \frac{1}{2} m_{i} \mathbf{v}_{i}^{2} \tag{4.43}
\end{align*}
$$

The corresponding Hamiltonian is found by performing a (Legendre) transformation of the Lagrangian in the standard way

$$
\begin{align*}
H & =\int d^{3} r \boldsymbol{\pi} \cdot \dot{\mathbf{A}}+\sum_{i} \mathbf{p}_{i} \cdot \mathbf{v}_{i}-L \\
& =\int d^{3} r\left(\mathbf{E}_{T}^{2}+\mathbf{B}^{2}\right)+\sum_{i<j} \frac{e_{i} e_{j}}{4 \pi\left[\mathbf{r}_{i}-\mathbf{r}_{j} \mid\right.}+\sum_{i} \frac{1}{2 m_{i}}\left(\mathbf{p}-\frac{e_{i}}{c} \mathbf{A}\left(\mathbf{r}_{i}\right)\right)^{2} \tag{4.44}
\end{align*}
$$

[^4]This expression for the Hamiltonian is derived for the classical system of interacting fields and particles, but it has the same form as the Hamiltonian operator that is used to describe the quantum system of non-relativistic electrons interacting with the electromagnetic field. However, to include correctly the effect of the magnetic dipole moment of the electrons, a spin contribution has to be added to the Hamiltonian. It has the standard form of a magnetic dipole term,

$$
\begin{equation*}
H_{\text {spin }}=-\sum_{i} \frac{g_{i} e_{i}}{2 m_{i} c} \mathbf{S}_{i} \cdot \mathbf{B}\left(\mathbf{r}_{i}\right) \tag{4.45}
\end{equation*}
$$

where $g_{i}$ is the g -factor of particle $i$, which is close to 2 for electrons. Often the spin term is small corresponding to the other interaction terms and can be neglected.

### 4.2 Photons - the quanta of light

With the degrees of freedom of the electromagnetic field and of the electrons disentangled, we may consider the space of states of the full quantum system as the product space of a field-state space and a particle-state space,

$$
\begin{equation*}
\mathcal{H}=\mathcal{H}_{\text {field }} \otimes \mathcal{H}_{\text {particle }} \tag{4.46}
\end{equation*}
$$

In this section we focus on the quantum description of the free electromagnetic field, which defines the space $\mathcal{H}_{\text {field }}$ and the operators (observables) acting there. The energy eigen states of the free field are the photon states. When we as a next step include interactions, these will introduce processes where photons are emitted and absorbed.

### 4.2.1 Constructing Fock space

Since the field amplitude $\mathbf{A}$ is constrained by the transversality condition $\boldsymbol{\nabla}$. $\mathbf{A}=0$ it is convenient to make a Fourier transform to plane wave amplitudes. In a standard way we introduce a periodicity condition on the components of the space coordinate $\mathbf{r}$, so that the Fourier variable $\mathbf{k}_{i}=2 \pi n_{i} / L$ with $L$ as a (large) periodic length and $n_{i}$ as a set of integers for the components $i=1,2,3$. The field amplitude then can be written as a discrete Fourier sum

$$
\begin{equation*}
\mathbf{A}(\mathbf{r}, t)=\frac{1}{\sqrt{V}} \sum_{\mathbf{k}} \sum_{a=1}^{2} A_{\mathbf{k} a}(t) \boldsymbol{\epsilon}_{\mathbf{k} a} e^{i \mathbf{k} \cdot \mathbf{r}} \tag{4.47}
\end{equation*}
$$

where the $V=L^{3}$ is the normalization volume and the vectors $\epsilon_{\mathrm{k} a}$ are unit vectors which satisfy the transversality condition $\mathbf{k} \cdot \epsilon_{\mathbf{k} a}=0$. There is no further constraint on the transverse amplitudes $A_{\mathbf{k} a}$, which can be taken to represent the independent degrees of freedom of the field.

We note that the corresponding solutions of the classical field equations are the normal modes of the field, which in free space are the plane wave solutions,

$$
\begin{equation*}
A_{\mathbf{k} a}(t)=A_{\mathbf{k} a}^{0} e^{ \pm i \omega_{k} t}, \omega_{k}=c k \quad(k=|\mathbf{k}|) \tag{4.48}
\end{equation*}
$$

They represent waves of monochromatic, polarized light. The two vectors $\boldsymbol{\epsilon}_{\mathbf{k} a}$ are the polarization vectors, which may be taken to be two orthonormal, real vectors perpendicular to k . The two field modes then correspond to linearly polarized plane waves. The polarization vectors may also be taken as complex superpositions of the two real vectors, in which case they correspond to circularly, or more generally to elliptically polarized light.

The Lagrangian of the free electromagnetic field expressed in terms of the Fourier amplitudes is

$$
\begin{equation*}
L=\frac{1}{2} \sum_{\mathbf{k} a}\left[\frac{1}{c^{2}} \dot{A}_{\mathbf{k} a}^{*} \dot{A}_{\mathbf{k} a}-k^{2} A_{\mathbf{k} a}^{*} A_{\mathbf{k} a}\right] \tag{4.49}
\end{equation*}
$$

We note that there is no coupling between the different Fourier components, and for each component the Lagrangian has the same form as for a harmonic oscillator of frequency $\omega=c k$. The variables are however complex rather than real, since reality of the field $\mathbf{A}(\mathbf{r})$ gives a relation between Fourier components with different values of $\mathbf{k}$,

$$
\begin{equation*}
A_{\mathbf{k} a}^{*}=A_{-\mathbf{k} \bar{a}} \tag{4.50}
\end{equation*}
$$

where $\bar{a}$ is defined by $\boldsymbol{\epsilon}_{\mathbf{k} a}=\boldsymbol{\epsilon}_{-\mathbf{k} \bar{a}}$. Thus, the variables in (4.49) correspond to the complex coordinate $z$ of the harmonic oscillator rather than the real $x$. A rewriting of the Lagrangian in tems of real variables is straight forward, but it is more convenient to continue to work with the complex variables.

The conjugate momentum to the variable $A_{\mathbf{k} a}$ is

$$
\begin{equation*}
\Pi_{\mathbf{k} a}=\frac{1}{c^{2}} \dot{A}_{\mathbf{k} a}^{*}=-\frac{1}{c} E_{\mathbf{k} a}^{*} \tag{4.51}
\end{equation*}
$$

where $E_{\mathbf{k} a}$ is the Fourier component of the electric field. From this the form of the free field Hamiltonian is found

$$
H=\sum_{\mathbf{k} a} \Pi_{\mathbf{k} a} \dot{A}_{\mathbf{k} a}-L
$$

$$
\begin{equation*}
=\sum_{\mathbf{k} a} \frac{1}{2}\left(E_{\mathbf{k} a}^{*} E_{\mathbf{k} a}+k^{2} A_{\mathbf{k} a}^{*} A_{\mathbf{k} a}\right) \tag{4.52}
\end{equation*}
$$

which is consistent with the earlier expression found for the Hamiltonian of the electromagnetic field (4.44).

Quantization of the theory means that the classical field amplitude and field strength are now replaced by operators, which satisfy the canonical commutation relations

$$
\begin{equation*}
\left[\hat{E}_{\mathbf{k} a}^{\dagger}, \hat{A}_{\mathbf{k}^{\prime} b}\right]=-\frac{1}{c}\left[\dot{\hat{A}}_{\mathbf{k} a}^{\dagger}, \hat{A}_{\mathbf{k}^{\prime} b}\right]=-i \hbar c \delta_{\mathbf{k k}^{\prime}} \delta_{a b} \tag{4.53}
\end{equation*}
$$

It is convenient to change to new variables,

$$
\begin{align*}
\hat{A}_{\mathbf{k} a} & =c \sqrt{\frac{\hbar}{2 \omega_{k}}}\left(\hat{a}_{\mathbf{k} a}+\hat{a}_{-\mathbf{k} \bar{a}}^{\dagger}\right) \\
\hat{E}_{\mathbf{k} a} & =i \sqrt{\frac{\hbar}{2 \omega_{k}}}\left(\hat{a}_{\mathbf{k} a}-\hat{a}_{-\mathbf{k} \bar{a}}^{\dagger}\right) \tag{4.54}
\end{align*}
$$

where the reality condition (4.50) has been made explicit. In tems of the new variables the Hamiltonian takes the form

$$
\begin{equation*}
\hat{H}=\sum_{\mathbf{k} a} \frac{1}{2} \hbar \omega_{k}\left(\hat{a}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a}^{\dagger}+\hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}\right) \tag{4.55}
\end{equation*}
$$

and the canonical commutation relations are

$$
\begin{align*}
{\left[\hat{a}_{\mathbf{k} a}, \hat{a}_{\mathbf{k}^{\prime} b}^{\dagger}\right] } & =\delta_{\mathbf{k k}^{\prime}} \delta_{a b} \\
{\left[\hat{a}_{\mathbf{k} a}, \hat{a}_{\mathbf{k}^{\prime} b}\right] } & =0 \tag{4.56}
\end{align*}
$$

Expressed in this way the Hamiltonian has exactly the form of a collection of independent quantum oscillator, one for each field mode, with $\hat{a}_{\mathbf{k} a}$ as lowering operator and $\hat{a}_{\mathbf{k} a}^{\dagger}$ as raising operator in the energy spectrum of the oscillator labelled by ( $\mathbf{k} a$ ).

It is convenient to work, in the following, in the Heisenberg picture, where the observables are time dependent. In this picture the field amplitude, which is now a field operator, and the electric field get the following form,

$$
\begin{align*}
& \hat{\mathbf{A}}(\mathbf{r}, t)=\sum_{\mathbf{k} a} c \sqrt{\frac{\hbar}{2 V \omega_{k}}}\left[\hat{a}_{\mathbf{k} a} \boldsymbol{\epsilon}_{\mathbf{k} a} e^{i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)}+\hat{a}_{\mathbf{k} a}^{\dagger} \epsilon_{\mathbf{k} a}^{*} e^{-i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)}\right] \\
& \hat{\mathbf{E}}(\mathbf{r}, t)=i \sum_{\mathbf{k} a} \sqrt{\frac{\hbar \omega_{k}}{2 V}}\left[\hat{a}_{\mathbf{k} a} \epsilon_{\mathbf{k} a} e^{i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)}-\hat{a}_{\mathbf{k} a}^{\dagger} \epsilon_{\mathbf{k} a}^{*} e^{-i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)}\right] \tag{4.57}
\end{align*}
$$

The state space of the free electromagnetic fi

The energy operator, which is identical to the Hamiltonian, has the same form as the classical field energy. It is diagonal in the Fock basis and can be expressed in terms of the photon number operator

$$
\begin{align*}
\hat{H} & =\int d^{3} r \frac{1}{2}\left(\hat{E}^{2}+\hat{B}^{2}\right) \\
& =\sum_{\mathbf{k} a} \frac{1}{2} \hbar \omega_{k}\left(\hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}+\hat{a}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a}^{\dagger}\right) \\
& =\sum_{\mathbf{k} a} \hbar \omega_{k}\left(\hat{N}_{\mathbf{k} a}+\frac{1}{2}\right) \tag{4.65}
\end{align*}
$$

One should note that the vacuum energy is formally infinite, since the sum over the ground state energy $\frac{1}{2} \omega_{k}$ for all the oscillators diverges. However, since this is an additive constant which is common for all states it can be regarded as unphysical and simply be subtracted. The vacuum energy is on the other hand related to vacuum fluctuations and in this way it is connected to properties of the quantum theory that has real, physical effects.

In a similar way the classical field momentum is replaced by an operator of the same form,

$$
\begin{align*}
\hat{\mathcal{P}} & =\int d^{3} r \frac{1}{c}(\hat{\mathbf{E}} \times \hat{\mathbf{B}}) \\
& =\sum_{\mathbf{k} a} \frac{1}{2} \hbar \mathbf{k}\left(\hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}+\hat{a}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a}^{\dagger}\right) \\
& =\sum_{\mathbf{k} a} \hbar \mathbf{k} \hat{N}_{\mathbf{k} a} \tag{4.66}
\end{align*}
$$

The energy-momentum relation for a single photon, $\hbar \omega_{k}=\hbar|\mathbf{k}|$, shows that the photons behave like massless particles.

### 4.2.2 Coherent and incoherent photon states

In the same way as for the quantum description of single particles, we may view expectation values of the fields to represent classical field configurations within the quantum description. The fields will not be sharply defined since there will in general be quantum fluctuations around the expectation values. In particular we note that the expectation value of the electric field takes the usual form of a classical field expanded in plane wave components

$$
\begin{equation*}
\langle\hat{\mathbf{E}}(\mathbf{r}, t)\rangle=i \sum_{\mathbf{k} a} \sqrt{\frac{\hbar \omega_{k}}{2 V}}\left[\alpha_{\mathbf{k} a} \boldsymbol{\epsilon}_{\mathbf{k} a} e^{i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)}-\alpha_{\mathbf{k} a}^{*} \epsilon_{\mathbf{k} a}^{*} e^{-i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)}\right] \tag{4.67}
\end{equation*}
$$

where $\alpha_{\mathbf{k} a}$ and $\alpha_{\mathbf{k} a}^{*}$ are expectation values of the annihilation and creation operators.

$$
\begin{equation*}
\alpha_{\mathbf{k} a}=\left\langle\hat{a}_{\mathbf{k} a}\right\rangle, \quad \alpha_{\mathbf{k} a}^{*}=\left\langle\hat{a}_{\mathbf{k} a}^{\dagger}\right\rangle \tag{4.68}
\end{equation*}
$$

We note from these expressions the curious fact that for Fock states, with a sharply defined set of photon numbers, the expectation values vanish. Such states which may be highly excited in energy, but still with vanishing expectation values for electric and magnetic fields are highly non-classical states. Classical fields, on the other hand, correspond to states with a high degree of coherence, in the form of superposition between Fock states. As already discussed for the one-dimensional harmonic oscillator, the coherent states are minimum uncertainty states in the phase spase variables. Here these variables are represented by the field amplitude $\hat{\mathbf{A}}(\mathbf{r}, t)$ and the electric field strength $\hat{\mathbf{E}}(\mathbf{r}, t)$. For a single field mode the coherent state has the form as discussed in section (1.3.3) for the harmonic oscillator

$$
\begin{equation*}
\left|\alpha_{\mathbf{k} a}\right\rangle=\sum_{n_{\mathbf{k} a}} e^{-\frac{1}{2}\left|\alpha_{\mathbf{k} a}\right|^{2}} \frac{\left(\alpha_{\mathbf{k} a}\right)^{n_{\mathbf{k} a}}}{\sqrt{n_{\mathbf{k} a}!}}\left|n_{\mathbf{k} a}\right\rangle \tag{4.69}
\end{equation*}
$$

where $\alpha_{\mathbf{k} a}$ is related to the expectation values of $\hat{a}_{\mathbf{k} a}$ and $\hat{a}_{\mathbf{k} a}^{\dagger}$ as in (4.68). The full coherent state of the electromagnetic field is then a product state of the form

$$
\begin{equation*}
|\psi\rangle=\prod_{\mathbf{k} a}\left|\alpha_{\mathbf{k} a}\right\rangle \tag{4.70}
\end{equation*}
$$

and the expectation value of the electric field is given by (4.67).
The fluctuations in the electric field for the coherent state can be evaluated in terms of the following correlation function

$$
\begin{align*}
C_{i j}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) & \equiv\left\langle E_{i}(\mathbf{r}) E_{j}\left(\mathbf{r}^{\prime}\right)\right\rangle-\left\langle E_{i}(\mathbf{r})\right\rangle\left\langle E_{j}\left(\mathbf{r}^{\prime}\right)\right\rangle \\
& =\sum_{\mathbf{k} a} \frac{\hbar \omega_{k}}{2 V} e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}\left(\delta_{i j}-\frac{k_{i} k_{j}}{\mathbf{k}^{2}}\right) \\
& \rightarrow \frac{c \hbar}{2(2 \pi)^{3}} \int d^{3} k k e^{i \mathbf{k} \cdot\left(\mathbf{r}-\mathbf{r}^{\prime}\right)}\left(\delta_{i j}-\frac{k_{i} k_{j}}{\mathbf{k}^{2}}\right) \tag{4.71}
\end{align*}
$$

where in the last step we have taken the infinite volum limit. For large $k$ this integral has an undamped oscillatory behaviour, but the integral can be made well defined by introducing a damping factor $e^{-\epsilon k}$ and taking $\epsilon$ to 0 . We introduce the


Figure 4.1: The correlation function for the electric field in a coherent state, $C_{i j}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \equiv\left\langle E_{i}(\mathbf{r}) E_{j}\left(\mathbf{r}^{\prime}\right)\right\rangle-\left\langle E_{i}(\mathbf{r})\right\rangle\left\langle E_{j}\left(\mathbf{r}^{\prime}\right)\right\rangle$. The form of the non-vanishing elements, $i=j$, is shown as the function of distance $\mathbf{r}-\mathbf{r}^{\prime}$ between two points in space.
short hand notation $\mathbf{a}=\mathbf{r}-\mathbf{r}^{\prime}$ and write the integral as

$$
\begin{align*}
C_{i j}\left(\mathbf{r}-\mathbf{r}^{\prime}\right) & =\frac{c \hbar}{2(2 \pi)^{3}}\left(\frac{\partial}{\partial a_{i}} \frac{\partial}{\partial a_{j}}-\delta_{i j} \sum_{k} \frac{\partial}{\partial a_{k}} \frac{\partial}{\partial a_{k}}\right) \int d^{3} k \frac{1}{k} e^{i \mathbf{k} \cdot \mathbf{a}} e^{-\epsilon k} \\
& =\frac{c \hbar}{2(2 \pi)^{3}}\left(\frac{\partial}{\partial a_{i}} \frac{\partial}{\partial a_{j}}-\delta_{i j} \sum_{k} \frac{\partial}{\partial a_{k}} \frac{\partial}{\partial a_{k}}\right) \frac{4 \pi}{a^{2}} \\
& =\frac{c \hbar}{\pi^{2} a^{4}}\left(2 \frac{a_{i} a_{j}}{a^{2}}-\delta_{i j}\right) \\
& =-\frac{c \hbar}{\pi^{2}\left|\mathbf{r}-\mathbf{r}^{\prime}\right|^{4}}\left(\delta_{i j}-2 \frac{\left(x_{i}-x_{i}^{\prime}\right)\left(x_{j}-x_{j}^{\prime}\right)}{\left|\mathbf{r}-\mathbf{r}^{\prime}\right|^{2}}\right) \tag{4.72}
\end{align*}
$$

We note the fall-off of the correlation with separation between the two points and also notes that the function diverges as $\mathbf{r} \rightarrow \mathbf{r}^{\prime}$. This divergence is typical for field theories and reflects the fact that the physical fields cannot be defined with infinite resolution. A way to avoid such infinities is to define the physical field by averaging over a small volume. This introduces effectively a momentum cut-off in the Fourier transformation of the field.

The expression for the correlation function is independent of which of the coherent states that is chosen. This means in particular that it is the same for the
vacuum state and can be viewed as demonstrating the presence of the vacuum fluctuations of the electric field.

A similar calculation for the magnetic field shows that the correlation function is the same as for the electric field. This is typical for the coherent state which is symmetric in its dependence of the field variable and its conjugate momentum. Since $\mathbf{A}$ and $\mathbf{E}$ are conjugate variables, the electric and magnetic fields do not commute as operator fields. Formally the commutator is

$$
\begin{equation*}
\left[B_{i}(\mathbf{r}), E_{j}\left(\mathbf{r}^{\prime}\right)\right]=\delta_{i j} \boldsymbol{\nabla} \times \delta\left(\mathbf{r}-\mathbf{r}^{\prime}\right) \tag{4.73}
\end{equation*}
$$

where one should express it in terms of the Fourier transformed fields in order to give it a more precise meaning. There are states where the fluctuations in the E-field are supressed relative to that of the vacuum state, but due to the nonvanishing of the commutator with B , the fluctuations in the B -field will then be larger than that of the vacuum. States with reduced fluctuations in one of the fields, and which still satisfy the condition of minimum (Heisenberg) uncertainty for conjugate variables, are often referred to as squeezed states.

Radio waves, produced by oscillating currents in an antenna, can clearly be regarded as classical electromagnetic waves and are well described as coherent states of the electromagnetic field within the quantum theory of radiation. The mean value of the fields at the receiver antenna induces the secondary current that creates the electric signal to the receiver. Also for shorter wavelengths in the microwave and the optical regimes coherent states of the electromagnetic can be created, but not by oscillating macroscopic currents. In masers and lasers the intrinsic tendency of atoms to correlate their behaviour in a strong electromagnetic field is used to create a monocromatic beam with a high degree of coherence. Ordinary light, on the other hand, as emitted by a hot source is highly incoherent, since the emission from different atoms only to a low degree is correlated. This means that normal light is highly non-classical in the sense that it cannot be associated with a classical wave with oscillating (macroscopic) values of $\mathbf{E}$ and B.

To demonstrate explicitely the non-classical form on the radiation from a hot source, we consider light in a thermal state described by a density operator of the form

$$
\begin{equation*}
\hat{\rho}=\mathcal{N} e^{-\beta \hat{H}}, \quad \mathcal{N}=\left(\operatorname{Tr} e^{-\beta \hat{H}}\right)^{-1}, \quad \beta=\left(k_{B} T\right)^{-1} \tag{4.74}
\end{equation*}
$$

We first calculate the expectation value of the photon numbers

$$
n_{\mathbf{k} a} \equiv\left\langle\hat{N}_{\mathbf{k} a}\right\rangle
$$

$$
\begin{align*}
& =\mathcal{N} \operatorname{Tr}\left(e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a}} \hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}\right) \\
& =\mathcal{N} \operatorname{Tr}\left(e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}} \hat{a}_{\mathbf{k} a}^{\dagger} e^{\beta \hbar \omega \hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}} e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}} \hat{a}_{\mathbf{k} a}\right) \\
& =\mathcal{N} \operatorname{Tr}\left(e^{-\beta \hbar \omega} \hat{a}_{\mathbf{k} a}^{\dagger} e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a}} \hat{a}_{\mathbf{k} a}\right) \\
& =e^{-\beta \hbar \omega} \mathcal{N} \operatorname{Tr}\left(e^{-\beta \hbar \omega a_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}} \hat{a}_{\mathbf{k} \mathbf{a}} \hat{a}_{\mathbf{k} a}^{\dagger}\right) \\
& =e^{-\beta \hbar \omega} \mathcal{N} \operatorname{Tr}\left(e^{\left.-\beta \hbar \omega \hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}\left(\hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}+1\right)\right)}\right. \\
& =e^{-\beta \hbar \omega}\left(n_{\mathbf{k} a}+1\right) \tag{4.75}
\end{align*}
$$

which gives

$$
\begin{equation*}
n_{\mathbf{k} a}=\frac{1}{e^{\beta \hbar \omega}-1} \tag{4.76}
\end{equation*}
$$

This is the well-known Bose-Einstein distribution for photons in thermal equilibrium with a heat bath. From this distribution the Planck spectrum can be determined. The total radiation energy is

$$
\begin{align*}
\mathcal{E} & =\sum_{\mathbf{k} a} \hbar \omega_{\mathbf{k}} n_{\mathbf{k} a} \\
& \rightarrow 2 \frac{V}{(2 \pi)^{3}} \int d^{3} k \frac{\hbar \omega_{\mathbf{k}}}{e^{\beta \hbar \omega_{\mathbf{k}}}-1} \\
& =\frac{V \hbar}{\pi^{2} c^{3}} \int d \omega \frac{\omega^{3}}{e^{\beta \hbar \omega}-1} \tag{4.77}
\end{align*}
$$

This corresponds to the following energy density per frequency unit to be

$$
\begin{equation*}
u(\omega)=\frac{\hbar}{\pi^{2} c^{3}} \frac{\omega^{3}}{e^{\beta \hbar \omega}-1} \tag{4.78}
\end{equation*}
$$

which displays the form of the Planck spectrum.
We now consider the expectation values of the photon annihilation and creation operators. A similar calculation as for the number operator gives

$$
\begin{align*}
& \left\langle\hat{a}_{\mathbf{k} a}^{\dagger}\right\rangle=\mathcal{N} \operatorname{Tr}\left(e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}} \hat{a}_{\mathbf{k} a}^{\dagger}\right) \\
& =\mathcal{N} \operatorname{Tr}\left(e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a}} \hat{a}_{\mathbf{k} a}^{\dagger} e^{\beta \hbar \omega \hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}} e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a}}\right) \\
& =\mathcal{N} \operatorname{Tr}\left(e^{-\beta \hbar \omega} \hat{a}_{\mathbf{k} a}^{\dagger} e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a}^{\dagger} \hat{a}_{\mathbf{k} a}}\right) \\
& =e^{-\beta \hbar \omega} \mathcal{N} \operatorname{T} r\left(e^{-\beta \hbar \omega \hat{a}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a}} \hat{a}_{\mathbf{k} a}^{\dagger}\right) \\
& =e^{-\beta \hbar \omega}\left\langle\hat{a}_{\mathbf{k} a}^{\dagger}\right\rangle \tag{4.79}
\end{align*}
$$




Figure 4.2: The Planck spectrum. A schematic experimental set up is shown where thermal light is created in a cavity surrounded by a heat bath (an oven). The radiation escapes through a narrow hole and can be analyzed in a detector. The right part of the figure shows the intensity (energy density) of the radiation as a function of wave length for three different temperatures.

This shows that the expectation value of the creation operator vanishes. A similar reasoning applies to the annihilation operator, so that

$$
\begin{equation*}
\left\langle\hat{a}_{\mathbf{k} a}^{\dagger}\right\rangle=\left\langle\hat{a}_{\mathbf{k} a}\right\rangle=0 \tag{4.80}
\end{equation*}
$$

As a consequence the expectation value of the electric and magnetic field vanish identically

$$
\begin{equation*}
\langle\mathbf{E}(\mathbf{r}, t)\rangle=\langle\mathbf{B}(\mathbf{r}, t)\rangle=0 \tag{4.81}
\end{equation*}
$$

The last result for the expectation values of the electric and magnetic field strengths may be expected since thermal ligth is unpolarized. Due to rotational invariance no direction can be distinguished, which means that the expectation values for the vector fields $\mathbf{E}$ and $\mathbf{B}$ should vanish. We note that in a classical description the $\mathbf{E}$ and $\mathbf{B}$ fields cannot vanish identically unless there is no radiation present. Rotational invariance can therefore be restored for a classical radiation field only by introducing statistical fluctuatuations in the fields which average out the field without setting $\mathbf{E}^{2}$ and $\mathbf{B}^{2}$ to zero. However, the form of the density matrix (4.74) shows that the vanishing of the expectation values is not due to statistical averaging over classical configurations. The density matrix can be
interpreted as describing an incoherent mixture (i.e., a statistical ensemble) of energy eigenstates, where each of these is a Fock state with vanishing expectation values for the electromagnetic field strengths. The vanishing of the expectation values therefore is due to quantum fluctuations of the fields rather than statistical fluctuations.

This view of light, that it cannot be seen as (a statitistical mixture of), classical field configurations may seem to be problematic when confronted with the classical demonstrations of the wave nature of light, in particular Young's interference experiments. This experiment seems to confirm the picture of light as (classical) waves that can interfere constructively or destructvely, depending on the relative phases of partial waves of light. However, one should remember that interference is not depending of coherent behavior of many photons. We may compare this with the double slit experiment for electrons where interference can be seen as a single particle effect. Many electrons are needed to build up the interference pattern, but no coherent effect between the states of different electrons is needed. The interference can be seen as a single-electron effect, but the geometry of the experiment introduces a correlation in space between the pattern associated with each particle so that a macroscopic pattern can be built. In the same way we may interprete interference in incoherent light to be a single-photon effect. Each photon interfers with itself, without any coherence with other photons. But they all see the same geometrical structure of the slits and this creates a correlated interference pattern.

### 4.2.3 Photon emission and photon absorption

We shall in the following consider processes where only a single electron is involved. To be more specific we may consider transitions in alkali atoms, with a single electron in the outermost shell, where the electron either absorbs or emits a photon. The full Hamiltonian has the form

$$
\begin{equation*}
\hat{H}=\hat{H}_{0}^{\text {field }}+\hat{H}_{0}^{\text {atom }}+\hat{H}_{i n t} \tag{4.82}
\end{equation*}
$$

where

$$
\begin{equation*}
\hat{H}_{0}^{\text {atom }}=\frac{\hat{p}^{2}}{2 m}+V(\hat{\mathbf{r}}) \tag{4.83}
\end{equation*}
$$

is the unperturbed Hamiltonian of the electron, which moves in the electrostatic potential $V$ from the charges of the atom. The transitions are induced by the
interaction part of the Hamiltonian of the electron and electromagnetic field,

$$
\begin{equation*}
\hat{H}_{i n t}=-\frac{e}{m c} \hat{\mathbf{A}}(\hat{\mathbf{r}}) \cdot \hat{\mathbf{p}}+\frac{e^{2}}{2 m c} \hat{\mathbf{A}}(\hat{\mathbf{r}})^{2}-\frac{e}{m c} \hat{\mathbf{S}} \cdot \hat{\mathbf{B}}(\hat{\mathbf{r}}) \tag{4.84}
\end{equation*}
$$

where $\hat{\mathbf{r}}$ is the electron coordinate and $\hat{\mathbf{p}}$ is the (conjugate) momentum operator. The $g$-factor of the electron has here been set to 2 .

The two first terms in $H_{\text {int }}$ are charge interaction terms which describe interactions between the charge of the electron and the electromagnetic field. The third term is the spin interaction term, which describes interactions between the magnetic dipole moment of the electron and the magnetic field. We note that to lowest order in perturbation expansion, the the first and third term of the interaction Hamiltonian (4.84) describe processes where a single photon is either absorbed or emitted. The second term describe scattering processes for a single photon and two-photon emission and absorption processes. The second term is generally smaller than the first term and in a perturbative treatment it is natural to collect first order contributions from the second term with second order contributions from the first term. This means that we treat the perturbation series as an expansion in powers or the charge $e$ (or rather the dimensionles fine-structure constant) rather than in the the interaction $H_{i n t}$.

The spin interaction term is also generally smaller than the first (charge interaction) term. However there are different selection rules for the transitions induced by these two terms, and when the direct contribution from the first term is forbidden the spin term may give an important contribution to the transition. However, we shall in the following restrict the discussion to transitions where the contribution from the first term is dominant. For simplicity we use the same notation $H_{\text {int }}$ when only the first term is included.

The interaction Hamiltonian we may now separated in a creation (emmision) part and an annihilation (absorption) part

$$
\begin{equation*}
\hat{H}_{i n t}=\hat{H}_{e m i s}+\hat{H}_{a b s} \tag{4.85}
\end{equation*}
$$

Separately they are are non-hermitian with $\hat{H}_{\text {emis }}^{\dagger}=\hat{H}_{a b s}$. Expressed in terms of photon creation and annihilation operators they are

$$
\begin{align*}
\hat{H}_{e m i s} & =-\frac{e}{m} \sum_{\mathbf{k} a} \sqrt{\frac{\hbar}{2 V \omega_{k}}} \hat{\mathbf{p}} \cdot \boldsymbol{\epsilon}_{\mathbf{k} a}^{*} \hat{a}_{\mathbf{k} a}^{\dagger} e^{-i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)} \\
\hat{H}_{a b s} & =-\frac{e}{m} \sum_{\mathbf{k} a} \sqrt{\frac{\hbar}{2 V \omega_{k}}} \hat{\mathbf{p}} \cdot \boldsymbol{\epsilon}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a} e^{i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)} \tag{4.86}
\end{align*}
$$

Note that when written in this way the operators are expressed in the interaction picture where the time evolution is determined by the free (non-interacting) theory. The time evolution of the state vectors are in this picture determined by the interaction Hamiltonian only, not by the free (unperturbed) Hamiltonian. This picture is most conveniently used in a perturbative expansion, as already given as Equation (1.56) in section (1.1).

From the above expressions we can find the interaction matrix elements corresponding to emission and absorption of a single photon. We write the initial and final states as

$$
\begin{align*}
|i\rangle & =\left|A, n_{\mathbf{k} a}\right\rangle \\
|f\rangle & =\left|B, n_{\mathbf{k} a} \pm 1\right\rangle \tag{4.87}
\end{align*}
$$

where $|A\rangle$ is the (unspecified) initial state of the atom (i.e., the electron state), $|B\rangle$ is the final state of the atom, and $n_{\mathbf{k} a}$ is the photon number of the initial state. This means that we consider transitions between Fock states of the electromagnetic field.

For absorption the matrix element is

$$
\begin{align*}
& \left\langle B, n_{\mathbf{k} a}-1\right| \hat{H}_{\text {int }}\left|A, n_{\mathbf{k} a}\right\rangle=\left\langle B, n_{\mathbf{k} a}-1\right| \hat{H}_{a b s}\left|A, n_{\mathbf{k} a}\right\rangle \\
& \quad=-\frac{e}{m} \sqrt{\frac{\hbar}{2 V \omega_{k}}}\left\langle B, n_{\mathbf{k} a}-1\right| \hat{\mathbf{p}} \cdot \boldsymbol{\epsilon}_{\mathbf{k} a} \hat{a}_{\mathbf{k} a} e^{i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)}\left|A, n_{\mathbf{k} a}\right\rangle \\
& \quad=-\frac{e}{m} \sqrt{\frac{\hbar n_{\mathbf{k} a}}{2 V \omega_{k}}} \boldsymbol{\epsilon}_{\mathbf{k} a} \cdot\langle B| \hat{\mathbf{p}} e^{i \mathbf{k} \cdot \mathbf{r}}|A\rangle e^{-i \omega_{k} t} \tag{4.88}
\end{align*}
$$

and the corresponding expression for photon emission is

$$
\begin{align*}
& \left\langle B, n_{\mathbf{k} a}+1\right| \hat{H}_{\text {int }}\left|A, n_{\mathbf{k} a}\right\rangle=\left\langle B, n_{\mathbf{k} a}+1\right| \hat{H}_{\text {emis }}\left|A, n_{\mathbf{k} a}\right\rangle \\
& \quad=-\frac{e}{m} \sqrt{\frac{\hbar}{2 V \omega_{k}}}\left\langle B, n_{\mathbf{k} a}+1\right| \hat{\mathbf{p}} \cdot \boldsymbol{\epsilon}_{\mathbf{k} a}^{*} \hat{a}_{\mathbf{k} a}^{\dagger} e^{-i\left(\mathbf{k} \cdot \mathbf{r}-\omega_{k} t\right)}\left|A, n_{\mathbf{k} a}\right\rangle \\
& \quad=-\frac{e}{m} \sqrt{\frac{\hbar\left(n_{\mathbf{k} a}+1\right)}{2 V \omega_{k}}} \boldsymbol{\epsilon}_{\mathbf{k} a}^{*} \cdot\langle B| \hat{\mathbf{p}} e^{-i \mathbf{k} \cdot \mathbf{r}}|A\rangle e^{i \omega_{k} t} \tag{4.89}
\end{align*}
$$

In the final expressions of both (4.88) and (4.147) note that only the matrix elements for the electron operator between the initial and final states $A$ and $B$ remain, while the effect of the photon operators is absorbed in the prefactor, which now depends on the photon number of the initial state.

It is of interest to note that the electron matrix elements found for the interactions with a quantized electromagnetic field is quite analugous to those found for interaction with a classical time-dependent electromagnetic field of the form

$$
\begin{equation*}
\mathbf{A}(\mathbf{r}, t)=\mathbf{A}_{0} e^{i\left(\mathbf{k} \cdot r-\omega_{k} t\right)}+\mathbf{A}_{0}^{*} e^{-i\left(\mathbf{k} \cdot r-\omega_{k} t\right)} \tag{4.90}
\end{equation*}
$$

where the positive frequency part of the field (i.e., the term proportional to $e^{\left.-i \omega_{k} t\right)}$ ) corresponds to the absorption part of the matrix element and the negative frequency part (proportional to $e^{\left.i \omega_{k} t\right)}$ ) corresponds to the emission part. The use of this expression for the A-field gives a semi-classical approach to radiation theory, which in many cases is completely satisfactory. It works well for effects like stimulated emission where the classical field corresponds to a large value of the photon number in the initial state and where the relation between the amplitude of the oscillating field and the photon number is given by (4.88) and (4.147). However, for small photon numbers one note the difference in amplitude for emission and absorption. This difference is not reflected in the classical amplitude (4.90). In the case of spontaneous emission, with $n_{\mathbf{k} a}=0$ in the initial state, the quantum theory correctly describes the transition of the electron from an excited state by emission of a photon, whereas a semiclassical description does not, since electronic transitions in this approach depends on the presence of an oscillating electromagnetic field.

### 4.2.4 Dipole approximation and selection rules

For radiation from an atom, the wave length of the radiation field is typically much larger than the dimension of the atom. This difference is exemplified by the wave length of blue light and the Bohr radius of the hydrogen atom

$$
\begin{equation*}
\lambda_{\text {blue }} \approx 400 \mathrm{~nm}, \quad a_{0}=4 \pi \frac{\hbar^{2}}{m e^{2}} \approx 0.05 \mathrm{~nm} \tag{4.91}
\end{equation*}
$$

This means that the effect of spacial variations in the electromagnetic field over the dimensions of an atom are small, and therefore the time-variations rather than the space variations of the field are important. In the expression for the transition matrix elements (4.88) and (4.147) this justifies an expansion of the phase factors in powers of $\mathbf{k} \cdot \mathbf{r}$,

$$
\begin{equation*}
e^{ \pm i \mathbf{k} \cdot \mathbf{r}}=1 \pm i \mathbf{k} \cdot \mathbf{r}-\frac{1}{2}(\mathbf{k} \cdot \mathbf{r})^{2}+\ldots \tag{4.92}
\end{equation*}
$$

where the first term is dominant. The approximation where only this term is kept is referred to as the dipole approximation. The other terms give rise to higher multipole contributions. These may give important contributions to atomic transitions only when the contribution from the first term vanishes due to a selection rule. However the transitions dominated by higher multipole terms are normally much slower than the ones dominated by the dipole contribution.

When the dipole approximation is valid, the matrix elements of the interaction Hamiltonian simplify to

$$
\begin{align*}
\left\langle B, n_{\mathbf{k} a}-1\right| \hat{H}_{a b s}\left|A, n_{\mathbf{k} a}\right\rangle & =-\frac{e}{m} \sqrt{\frac{\hbar n_{\mathbf{k} a}}{2 V \omega_{k}}} \boldsymbol{\epsilon}_{\mathbf{k} a} \cdot \mathbf{p}_{B A} e^{-i \omega_{k} t} \\
\left\langle B, n_{\mathbf{k} a}+1\right| \hat{H}_{e m i s}\left|A, n_{\mathbf{k} a}\right\rangle & =-\frac{e}{m} \sqrt{\frac{\hbar\left(n_{\mathbf{k} a}+1\right)}{2 V \omega_{k}}} \boldsymbol{\epsilon}_{\mathbf{k} a}^{*} \cdot \mathbf{p}_{B A} e^{i \omega_{k} t} \tag{4.93}
\end{align*}
$$

where $\mathbf{p}_{B A}$ is the matrix element of the operator $\hat{\mathbf{p}}$ between the states $|A\rangle$ and $|B\rangle$. It is convenient to re-express it in terms of the matrix elements of the position operator $\hat{\mathbf{r}}$, which can be done by use of the form of the (unperturbed) electron Hamiltonian,

$$
\begin{equation*}
\hat{H}_{0}^{\text {atom }}=\frac{\hat{\mathbf{p}}^{2}}{2 m}+V(\hat{\mathbf{r}}) \tag{4.94}
\end{equation*}
$$

where $V(\hat{\mathbf{r}})$ is the (Coulomb) potential felt by the electron. This gives

$$
\begin{equation*}
\left[\hat{H}_{0}^{\text {atom }}, \hat{\mathbf{r}}\right]=-i \frac{\hbar}{m} \hat{\mathbf{p}} \tag{4.95}
\end{equation*}
$$

With the initial state $|a\rangle$ and the final state $|B\rangle$ as eigenstates of $\hat{H}_{0}^{e}$, with eigenvalues $E_{A}$ and $E_{B}$, we find for the matrix element of the momentum operator between the two states

$$
\begin{equation*}
\mathbf{p}_{B A}=i \frac{m}{\hbar}\left(E_{B}-E_{A}\right) \mathbf{r}_{B A} \equiv i m \omega_{B A} \mathbf{r}_{B A} \tag{4.96}
\end{equation*}
$$

Note that in the expression for the interaction the change from $\mathbf{p}_{B A}$ to $\mathbf{r}_{B A}$ corresponds to a transformation

$$
\begin{equation*}
-\frac{e}{m c} \mathbf{A} \cdot \mathbf{p} \rightarrow \frac{e}{c} \mathbf{r} \cdot \dot{\mathbf{A}}=e \mathbf{r} \cdot \mathbf{E} \tag{4.97}
\end{equation*}
$$

where the last term is identified as the electric dipole energy of the electron.

By use of the identity (4.96) the interaction matrix elements are finally written as

$$
\begin{align*}
\left\langle B, n_{\mathbf{k} a}-1\right| \hat{H}_{a b s}\left|A, n_{\mathbf{k} a}\right\rangle & =i e \sqrt{\frac{\hbar n_{\mathbf{k} a} \omega_{B A}}{2 V}} \epsilon_{\mathbf{k} a} \cdot \mathbf{r}_{B A} e^{-i \omega_{k} t} \\
\left\langle B, n_{\mathbf{k} a}+1\right| \hat{H}_{e m i s}\left|A, n_{\mathbf{k} a}\right\rangle & =-i e \sqrt{\frac{\hbar\left(n_{\mathbf{k} a}+1\right) \omega_{A B}}{2 V}} \epsilon_{\mathbf{k} a}^{*} \cdot \mathbf{r}_{B A} e^{i \omega_{k} t} \tag{4.98}
\end{align*}
$$

In these expressions we have used energy conservation, by setting $\omega_{k}=\omega_{B A}$ for photon absorption and $\omega_{k}=\omega_{A B}$ for photon emission.

## Selection rules

The matrix elements

$$
\begin{equation*}
\mathbf{r}_{B A}=\langle B| \hat{\mathbf{r}}|A\rangle \tag{4.99}
\end{equation*}
$$

are subject to certain selection rules which follow from conservation of spin and parity. Thus, the operator $\hat{\mathbf{r}}$ transforms as a vector under rotation and changes sign under space inversion. Since a vector is a spin 1 quantity, the operator can change the spin of the state $|A\rangle$ by maximally one unit of spin. Physically we interpret this as due to the spin carried by the photon. The change in sign under space inversion corresponds to the parity of the photon being -1 . This change implies that the parity of the final state is opposite that of the initial state.

Let us specifically consider the states of an electron in a hydrogen (or hydrogenlike) atom. We assume that the state $A$ is characterized by a spin $l_{A}$ and a spin component in the $z$-direction $m_{A}$, while the parity is $P_{A}=(-1)^{l_{A}}$. The corresponding quantities for the state $B$ are $l_{B}, m_{A}$ and $P_{B}=(-1)^{l_{B}}$. We note that the change in parity forces the angular moment to change by one unit $\left(l_{A} \neq l_{B}\right)$. The selection rules for the electric dipole transitions (referred to as $E 1$ transitions) are

$$
\begin{align*}
\Delta l & = \pm 1 \quad\left(l_{A} \neq 0\right), \quad \Delta l \equiv l_{B}-l_{A} \\
\Delta l & =+1 \quad\left(l_{A}=0\right) \\
\Delta m & =0, \pm 1, \quad \Delta m \equiv m_{B}-m_{A} \tag{4.100}
\end{align*}
$$

The transitions that do not follow these rules are "forbidden" in the sense that the interaction matrix element vanishes in the dipole approximation. Nevertheless such transitions may take place, but as a much slower rate than the $E 1$ transitions.

They may be induced by higher multipole terms in the expansion (4.92), or by higher order terms in A which give rise to multi-photon processes. The multipole terms include higher powers in the components of the position operator, and these terms transform differently under rotation and space inversion than the vector $\mathbf{r}$. As a consequence they are restricted by other selection rules. Physically we may consider the higher multipole transitions as corresponding to non-central photon emmision and absorption, where the total spin transferred is not only due to the intrinsic spin but also orbital angular momentum of the photon.

### 4.3 Photon emission from excited atom

In this section we examine the photon emission process for an excited atom in some more detail. We make the assumption that the atom at a given instant $t=t_{i}$ is in an excited state $|A\rangle$ and consider the amplitude for making a transition to a state $|B\rangle$ at a later time $t=t_{f}$ by emission of a single photon. The amplitude is determined to first order in the interaction, and the transition probability per unit time and and unit solid angle for emission of the photon in a certain direction is evaluated and expressed in terms of the dipole matrix element. We subsequently discuss the effect of decay of the initial atomic state and its relation to the formation of a line width for the photon emission line.

### 4.3.1 First order transition and Fermi's golden rule

The perturbation expansion of the time evolution operator in the interaction picture is (see Eq. (1.56))

$$
\begin{equation*}
\hat{U}_{\text {int }}\left(t_{f}, t_{i}\right)=\mathbf{1}-\frac{i}{\hbar} \int_{t_{i}}^{t_{f}} d t \hat{H}_{\text {int }}(t)+\frac{1}{2}\left(-\frac{i}{\hbar}\right)^{2} \int_{t_{i}}^{t_{f}} d t \int_{t_{i}}^{t} d t^{\prime} \hat{H}_{\text {int }}(t) \hat{H}_{\text {int }}\left(t^{\prime}\right)+\ldots \tag{4.101}
\end{equation*}
$$

where the time evolution of the interaction Hamiltonian is

$$
\begin{equation*}
\hat{H}^{i n t}(t)=e^{\frac{i}{\hbar} \hat{H}_{0} t} \hat{H}_{\text {int }} e^{-\frac{i}{\hbar} \hat{H}_{0} t} \tag{4.102}
\end{equation*}
$$

with $\hat{H}_{0}$ as the unperturbed Hamiltonian. The transition matrix element between an initial state $|i\rangle$ at time $t_{i}$ and final state $|f\rangle$ at time $t_{f}$ is

$$
\langle f| \hat{U}_{\text {int }}\left(t_{f}, t_{i}\right)|i\rangle=\langle f \mid i\rangle-\frac{i}{\hbar}\langle f| \hat{H}_{\text {int }}|i\rangle \int_{t_{i}}^{t_{f}} d t e^{\frac{i}{\hbar}\left(E_{f}-E_{i}\right) t}
$$

$$
\begin{equation*}
+\frac{1}{2}\left(-\frac{i}{\hbar}\right)^{2} \sum_{m}\langle f| \hat{H}_{\text {int }}|m\rangle\langle m| \hat{H}_{\text {int }}|i\rangle \int_{t_{i}}^{t_{f}} d t \int_{t_{i}}^{t} d t^{\prime} e^{\frac{i}{\hbar}\left(E_{f}-E_{m}\right) t} e^{\frac{i}{\hbar}\left(E_{m}-E_{i}\right) t^{\prime}}+\ldots \tag{4.103}
\end{equation*}
$$

In this expressions we have assumed that the initial state $|i\rangle$ and the final state $|f\rangle$ as well as a complete set of intermediate states $|m\rangle$ are eigenstates of the unperturbed Hamiltonian $\hat{H}_{0}$. The corresponding eigenvalues are $E_{i}, E_{f}$ and $E_{m}$. We perform the time integrals, and in order to simplify expressions we introduce the notation $\omega_{f i}=\left(E_{f}-E_{i}\right) / \hbar, T=t_{f}-t_{i}$ and $\bar{t}=\left(t_{i}+t_{f}\right) / 2$. To second order in the interaction the transition matrix element is

$$
\begin{align*}
& \langle f| \hat{U}_{\text {int }}\left(t_{f}, t_{i}\right)|i\rangle=\langle f \mid i\rangle \\
& -i \frac{\sin \left[\frac{1}{2} \omega_{f i} T\right]}{\hbar \omega_{f i}} e^{i \omega_{f i} \bar{t}}\left[\langle f| \hat{H}_{\text {int }}|i\rangle-\sum_{m} \frac{\langle f| \hat{H}_{\text {int }}|m\rangle\langle m| \hat{H}_{\text {int }}|i\rangle}{\hbar \omega_{m i}}+\ldots\right] \\
& -i e^{i \omega_{f i} \bar{t}} \sum_{m} \sin \left[\frac{1}{2} \omega_{f m} T\right] e^{i \omega_{m i} T} \frac{\langle f| \hat{H}_{\text {int }}|m\rangle\langle m| \hat{H}_{\text {int }}|i\rangle}{\hbar^{2} \omega_{f m} \omega_{m i}}+\ldots \tag{4.104}
\end{align*}
$$

where we assume the diagonal matrix elements of $\hat{H}_{\text {int }}$ to vanish in order to avoid ill-defined terms in the expansion. The factor depending on $\bar{t}$ is unimportant and can be absorbed in a redefinition of the time coordinate so, that $\bar{t}=0$. (The interesting time dependence lies in the relative coordinate $T=t_{f}-t_{i}$.) The last term in (4.121) does not contribute (at average) to low order due to rapid oscillations. Without this term the result simplifies to

$$
\begin{equation*}
\langle f| \hat{U}_{\text {int }}\left(t_{f}, t_{i}\right)|i\rangle=\langle f \mid i\rangle-i \frac{\sin \left[\frac{1}{2} \omega_{f i} T\right]}{\hbar \omega_{f i}} e^{i \omega_{f i} \bar{t}} \mathcal{T}_{f i} \tag{4.105}
\end{equation*}
$$

where $\mathcal{T}_{f i}$ is the $T$-matrix element

$$
\begin{equation*}
\mathcal{T}_{f i}=\left[\langle f| \hat{H}_{\text {int }}|i\rangle-\sum_{m} \frac{\langle f| \hat{H}_{\text {int }}|m\rangle\langle m| \hat{H}_{\text {int }}|i\rangle}{\hbar \omega_{m i}}+\ldots\right] \tag{4.106}
\end{equation*}
$$

The transition probability for $f \neq i$ is

$$
\begin{equation*}
W_{f i}=\left(\frac{\sin \left[\frac{1}{2} \omega_{f i} T\right]}{\hbar \omega_{f i}}\right)^{2}\left|\mathcal{T}_{f i}\right|^{2} \tag{4.107}
\end{equation*}
$$



Figure 4.3: Frequency dependence of the transition probability. For finite transition time $T$ the function has a non-vanishing width. In the limit $T \rightarrow \infty$ the function tends to a delta-function.

Also this is an oscillating function, but for large $T$ it gives a contribution proportional to $T$. To see this we consider the function

$$
\begin{equation*}
f(x)=\left(\frac{\sin x}{x}\right)^{2} \tag{4.108}
\end{equation*}
$$

The function is shown in fig.(4.3.1). It is localized around $x=0$ with oscillations that are damped like $1 / x^{2}$ for large $x$. The integral of the function is

$$
\begin{equation*}
\int_{-\infty}^{\infty} f(x)=\pi \tag{4.109}
\end{equation*}
$$

The prefactor of (4.118) can be expressed in terms of the function $f(x)$ as

$$
\begin{equation*}
\left(\frac{\sin \left[\frac{1}{2} \omega_{f i} T\right]}{\hbar \omega_{f i}}\right)^{2}=\frac{T^{2}}{4 \hbar^{2}} f\left(\frac{1}{2} \omega_{f i} T\right) \tag{4.110}
\end{equation*}
$$

When regarded as a function of $\omega_{f i}$ it gets increasingly localized around $\omega_{f i}=0$ as $T$ increases. In the limit $T \rightarrow \infty$ it approaches a delta function, with the strength of the delta function being determined by the (normalization) integral (4.109),

$$
\begin{equation*}
\left(\frac{\sin \left[\frac{1}{2} \omega_{f i} T\right]}{\hbar \omega_{f i}}\right)^{2} \rightarrow \frac{1}{2} \pi \hbar T \delta\left(\hbar \omega_{f i}\right) \tag{4.111}
\end{equation*}
$$

This gives a constant transition rate

$$
\begin{equation*}
w_{f i}=\frac{W_{f i}}{T}=\frac{2 \pi}{\hbar}\left|\mathcal{T}_{f i}\right|^{2} \delta\left(E_{f}-E_{i}\right) \tag{4.112}
\end{equation*}
$$

where $\mathcal{T}_{f i}$ to lowest order in the interaction is simply the interaction matrix element. When applied to transitions in atoms the epression (4.112) for the transition rate is often referred to as Fermi's golden rule. The delta function expresses energy conservation in the process. Note, however, that only in the limit $T \rightarrow \infty$ the energy dependent function is really a delta function. For finite time intervals there is a certain width of the function which means that $E_{f}$ can deviate slightly from $E_{i}$. This apparent breaking of energy conservation for finite times may happen since $E_{f}$ and $E_{i}$ are eigenvalues of the unperturbed Hamiltonian rather than the full Hamiltonian. In reality the time $T$ cannot be taken to infinity for an atomic emission process, since the excited state has a finite life time. The width of the energy-function then has a physical interpretation in terms of a line width for the emission line.

### 4.3.2 Emission rate

We consider now the case where initially the atom is in an excited state $A$ and finally in a state $B$ with a photon being emitted. The inital and final states of the full quantum system are

$$
\begin{equation*}
|i\rangle=|A, 0\rangle, \quad|f\rangle=\left|B, 1_{\mathbf{k} a}\right\rangle \tag{4.113}
\end{equation*}
$$

where 0 in the initial state indicates the photon vacuum, while $1_{\mathbf{k} a}$ indicates one photon with quantum numbers $\mathrm{k} a$. We will be interested in finding an expression for the differential transition rate, i.e., the transition probability per unit time and unit solid angle, as well as the total transition rate.

We write the transition rate summed over all final states of the photon as

$$
\begin{align*}
w_{B A} & \left.=\sum_{\mathbf{k} a} \frac{2 \pi}{\hbar}\left|\left\langle B, 1_{\mathbf{k} a}\right| \hat{H}_{\text {emis }}\right| A, 0\right\rangle\left.\right|^{2} \delta\left(E_{A}-E_{B}-\hbar \omega_{k}\right) \\
& \left.\rightarrow \frac{V}{(2 \pi)^{3}} \int d^{3} k \sum_{a} \frac{2 \pi}{\hbar}\left|\left\langle B, 1_{\mathbf{k} a}\right| \hat{H}_{\text {emis }}\right| A, 0\right\rangle\left.\right|^{2} \delta\left(E_{A}-E_{B}-\hbar \omega_{k}\right) \\
& \left.=\frac{V}{(2 \pi)^{3} \hbar} \int d \Omega \int_{0}^{\infty} d k k^{2} \sum_{a}\left|\left\langle B, 1_{\mathbf{k} a}\right| \hat{H}_{e m i s}\right| A, 0\right\rangle\left.\right|^{2} \delta\left(E_{A}-E_{B}-\hbar \omega_{k}\right) \\
& \left.=\frac{V \omega_{B A}^{2}}{(2 \pi)^{2} c^{3} \hbar^{2}} \int d \Omega \sum_{a}\left|\left\langle B, 1_{\mathbf{k} a}\right| \hat{H}_{e m i s}\right| A, 0\right\rangle\left.\right|^{2} \tag{4.114}
\end{align*}
$$

where in the integration over $k$ the delta function fixes the frequency of the emitted photon to match the atomic frequecy $\omega_{k}=\omega_{A B}=\left(E_{A}-E_{B}\right) / \hbar$. The integrand gives the differential emission rate, which in the dipole approximation is

$$
\begin{equation*}
\frac{d w_{B A}}{d \Omega}=\frac{e^{2} \omega_{A B}^{3}}{8 \pi^{2} \hbar c^{3}}\left(\mathbf{r}_{B A} \cdot \boldsymbol{\epsilon}_{\mathbf{k} a}^{*}\right)^{2} \tag{4.115}
\end{equation*}
$$

where $\epsilon_{\mathbf{k} a}$ is the polarization vector of the emitted photon.
Summed over photon states we have

$$
\begin{equation*}
\sum_{a}\left(\mathbf{r}_{B A} \cdot \boldsymbol{\epsilon}_{\mathbf{k} a}\right)^{2}=\mathbf{r}_{B A}^{2}-\frac{\left(\mathbf{r}_{B A} \cdot \mathbf{k}\right)^{2}}{\mathbf{k}^{2}} \tag{4.116}
\end{equation*}
$$

From this we find the total transition rate into all final states of the photon,

$$
\begin{align*}
w_{B A} & =\frac{e^{2} \omega_{A B}^{3}}{8 \pi^{2} \hbar c^{3}} \int d \Omega\left[\mathbf{r}_{B A}^{2}-\frac{\left(\mathbf{r}_{B A} \cdot \mathbf{k}\right)^{2}}{\mathbf{k}^{2}}\right] \\
& =\frac{e^{2} \omega_{A B}^{3}}{4 \pi \hbar c^{3}} \mathbf{r}_{B A}^{2} \int_{0}^{\pi} d \theta \sin \theta\left(1-\cos ^{2} \theta\right) \\
& =\frac{e^{2} \omega_{A B}^{3}}{4 \pi \hbar c^{3}} \mathbf{r}_{B A}^{2} \int_{-1}^{+1} d u\left(1-u^{2}\right) \\
& =\frac{e^{2} \omega_{A B}^{3}}{3 \pi \hbar c^{3}} \mathbf{r}_{B A}^{2} \\
& =\frac{4 \alpha}{3 c^{2}} w_{A B}^{3} \mathbf{r}_{B A}^{2} \tag{4.117}
\end{align*}
$$

where $\alpha$ is the fine structure constant. This expression shows how the transition rate depends on the dipole matrix element and on the energy released in the transition.

The formalism employed here for the case of spontaneous emission can also be used to describe photon absorption processes and scattering of photons on atoms. In the latter case the amplitude should be calculated to second order in the electric charge, and that would involve the A•A-term as well as the A • p-term of the interaction. We note from the expression (4.117) that the emission rate increases strongly with the energy of the emitted photon. To a part that can be seen as a density of states effect, since for high energy photons many more states are avaliable (within an energy interval) than for low energy photons. This is
shown explicitely in (4.114). A similar effect takes place when light scattering is considered. This gives a qualitative explanation for why blue light is more readily scattered than red light, and thereby why the sky is blue and the sunset is red.

### 4.3.3 Life time and line width

Fermi's golden rule which gives a constant transition rate from the excited to the lower energy level of the atom can be correct only in an approximate sense. Thus, if the probability for a transition $A \rightarrow B$ is proportional to time $t$

$$
\begin{equation*}
P_{A \rightarrow B}(t) \approx t w_{B A} \tag{4.118}
\end{equation*}
$$

then the probability for the atom to remain in state $A$ after time $t$ is

$$
\begin{align*}
P_{A}(t) & =1-\sum_{B} P_{A \rightarrow B}(t) \\
& \approx 1-t \sum_{B} w_{B A} \\
& \equiv 1-t / \tau_{A} \tag{4.119}
\end{align*}
$$

where the sum is over all final states $B$ to which a transition can take place. Obviously this expression can be correct only for times $t \ll \tau_{A}$. If we assume exponential decay of the excited level, we may interpret the expression (4.119) as the first terms in the expansion

$$
\begin{equation*}
P_{A}(t)=e^{-t / \tau_{A}}=1-t / \tau_{A}+\ldots \tag{4.120}
\end{equation*}
$$

where $\tau_{A}=\left(\sum_{B} w_{B A}\right)^{-1}$ gives the life time of the excited state.
The decay of the initial state can be built into the expressions for the the transitions to lower energy states in a simple way by including a damping factor $\exp \left(-t / 2 \tau_{A}\right)$ as a normalization factor in the amplitude. For the transition amplitude this gives a correction

$$
\begin{aligned}
\langle f| \hat{U}_{\text {int }}\left(t_{f}, t_{i}\right)|i\rangle & =-\frac{i}{\hbar}\langle f| \hat{H}_{\text {int }}|i\rangle \int_{t_{i}}^{t_{f}} d t e^{\frac{i}{\hbar}\left(E_{f}-E_{i}\right) t} e^{-\frac{\left(t-t_{i}\right)}{2 \tau_{A}}}+\ldots \\
& \equiv-\frac{i}{\hbar}\langle f| \hat{H}_{\text {int }}|i\rangle e^{t_{i} / \tau_{A}} \int_{t_{i}}^{t_{f}} d t e^{\frac{i}{\hbar}\left(E_{f}-E_{i}+\frac{i}{2} \Gamma_{A}\right) t}+\ldots
\end{aligned}
$$



Figure 4.4: Level broadening. The emission probability given by $W_{f i}=$ $\left.\left|\langle f| \hat{H}_{\text {int }}\right| i\right\rangle\left.\right|^{2} /\left[\left(\hbar \omega_{f i}\right)^{2}+\frac{1}{4} \Gamma_{A}^{2}\right]$ is shown as a function of $\omega_{f i}$.

$$
\begin{align*}
& =-\frac{\langle f| \hat{H}_{\text {int }}|i\rangle}{E_{f}-E_{i}+\frac{i}{2} \Gamma_{A}}\left(e^{\frac{i}{\hbar}\left(E_{f}-E_{i}\right) t_{f}} e^{\left.-\frac{1}{\hbar} \Gamma_{A}\right)\left(t_{f}-t_{i}\right)}-e^{\frac{i}{\hbar}\left(E_{f}-E_{i}\right) t_{i}}\right)+\ldots \\
& \rightarrow \frac{\langle f| \hat{H}_{\text {int }}|i\rangle}{E_{f}-E_{i}+\frac{i}{2} \Gamma_{A}} e^{\frac{i}{\hbar}\left(E_{f}-E_{i}\right) t_{i}}+\ldots \tag{4.121}
\end{align*}
$$

We have here introduced $\Gamma_{A}=\hbar / \tau_{A}$ and at the last step assumed $t_{f}-t_{i} \gg \tau_{A}$. As before the initial state is $|i\rangle=|A, 0\rangle$ and the final state is $|f\rangle=\left|B ; 1_{\mathbf{k} a}\right\rangle$. For the transition probability this gives

$$
\begin{equation*}
W_{f i}=\frac{\left.\left|\langle f| \hat{H}_{i n t}\right| i\right\rangle\left.\right|^{2}}{\left(E_{f}-E_{i}\right)^{2}+\frac{1}{4} \Gamma_{A}^{2}}+\ldots \tag{4.122}
\end{equation*}
$$

Viewed as a function of $\omega_{f i}=\left(E_{f}-E_{i}\right) / \hbar=\left(E_{A}-E_{B}\right) / \hbar-\omega_{k}$, the transition probability is no longer proportinal to a delta function in the difference between the inital and final energy. The delta function is replaced by a Lorentzian, which is strongly peaked around $\omega_{f i}=0$, but which has a width proportional to $\Gamma_{A}$. For the emitted photon this is translated to a finite line width for the emission line corresponding to the transition $A \rightarrow B$. If we compare the two figures (4.3.1) and (4.3.3) we note that a finite cut-off in the time integral (i.e., a finite value of $T=t_{f}-t_{i}$ gives essentially the same frequency dependence for the emitted photon as the one obtained by an exponential damping due to the finite life time of the initial atomic state.

We finally note that since $\Gamma_{A}$ depends on the transition probabilities, to include it in the lowest order transition amplitude means that we effectively have included higher order contributions. This means that the perturbative expension is no longer an order by order expansion in the interaction Hamiltonian.


Figure 4.5: Schematic representation of a laser. A gas of atoms is trapped inside a Fabry-Perot cavity with reflecting walls. The atoms are pumped to an excited state that subsequently make transitions to a lower energy mode. The emitted photons resonate with a longitudinal mode of the cavity and build up a strong field in this mode. Some of the light from this mode escapes through a hole to form a monochromatic laser beam.

### 4.4 Stimulated photon emission and the principle of lasers

As we have already noticed, the rate for stimulated emission of a photon by an atomic transition is larger than the corresponding spontaneous emission. Thus, to lowest order in the interaction the transition probability by photon emission into a given mode is enhanced by a factor $n$ equal to the number of photons already present in the mode. This means that if an atom in an excited state emits a photon with equal probability in all directions, the same atom, when placed in a strong field which resonates with the atomic transition, will preferably emit the photon into the mode that is already occupied. However, in free space, since a continuum of modes is available, the probability for emission into the preferred mode may still be small.

A laser is based on the principle of stimulated emission, but the probability for emission into the preferred mode is enhanced by use of a reflecting cavity. The boundary conditions imposed by the reflecting mirrors of the cavity reduce the number of available electromagnetic modes to a discrete set, and the trapping of the photons makes it possible to build a large population of photons in one of the modes.

A schematic picture of a laser is shown in fig.(4.4) where a elongated cavity is filled with gas of (Rubidium) atoms. These are continuously excited (pumped) to an excited state. The excited atoms make a transition to a lower energy state and

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emits a photon with energy that matches one of the modes that fits the distance between the mirrors in the longitudinal direction. The emission tend to increase the excitation of the preferred mode to a high level. Some of the light that builds up inside the cavity escapes through a small hole in one of the mirrors in the form of a monochromatic laser beam.

The laser light is a beam of coherent or classical light in the sense previously discussed. The reason for this coherence is that the photons emitted by the atoms in the cavity tend to act coherently with the light already trapped in the cavity. However, even if the light to a high degree is coherent, there will be some incoherent admixture due to sponateous emission. In the following we shall discuss the mechanism of the laser in some more detail.

### 4.4.1 Three-level model of a laser

We consider a simple model of a laser where a single mode is populated by stimulated emission. A three-level model is used for the atom, where most atoms are in the ground state $|0\rangle$, but where there is a continuous rate of "pumping" of atoms to a higher energy level $|2\rangle$, by a light source or some other way of excitation. The atoms in the upper level next make transitions to an intermediate level $|1\rangle$ by emission of a photon. This may be by stimulated emission of a photon to the field mode that is already strongly populated, or by spontaneous emission to one of the other photon states in the emission line. From the state $|1\rangle$ there is a fast transition back to the ground state due to a strong coupling between the levels.

Due to the assumed strength of the transitions we have

$$
\begin{equation*}
N_{0} \gg N_{2} \gg N_{1} \tag{4.123}
\end{equation*}
$$

This means that the number of atoms in the ground state $N_{0}$ is essentially identical to the total number of atoms $N$. When we consider the two levels 1 and 2 , which are relevant for populating the laser mode, the inequality means that there is population inversion, since the upper level is more strongly populated than the lower mode. Population inversion is a condition for the atoms to be able to "feed" the preferred photon mode.

When the atoms are pumped to a higher energy level this creates initially a situation where the photon modes within the line width of the transition $2 \rightarrow 1$ begins to get populated, but where no single mode is preferred. This is an unstable situation due to the effect of stimulated emission to preferrably populate a mode which already is excited. As a result one of the modes will spontaneously tend to


Figure 4.6: Transitions between three atomic levels in a laser. $R$ is the pumping rate from the ground state 0 to an excited state 2 . The transition from level 2 to an intermediate level 1 can go either by spontaneous emission $\left(\Gamma_{s p}\right)$, or by stimulated emission $\left(\Gamma_{s t} n\right)$ to the laser mode. $n$ is the photon number of the laser mode. A fast transition $T$ brings the atoms back to the ground state. The direct transition probability $2 \rightarrow 0$ is assumed to be negligible.
grow at the expense of the others. We will consider the situation after one of the modes has been preferred in this way.

The transition from state 2 to 1 may now go in two ways, either by spontaneous emission to one of the modes that has not been populated or by stimulated emission to the preferred (laser) mode. We denote the transition rate by spontaneous emission $\Gamma_{s p}$ and by stimulated emission $\Gamma_{s t} n$, where $n$ is the photon number of the laser mode. The difference between $\Gamma_{s p}$ and $\Gamma_{s t}$ is due to the large number available for spontaneous emission compared to the single mode available for stimulated emission. Typical values are

$$
\begin{equation*}
\Gamma_{s p} \approx 10^{7} s^{-1}, \quad \Gamma_{s t} \approx 1 s^{-1} \tag{4.124}
\end{equation*}
$$

The smallness of $\Gamma_{s t}$ is compensated by the factor $n$ and when a stationary situation is reached the photon number $n$ in the laser mode will be so large so that the probabilities of the two types of transitions are comparable. The ratio

$$
\begin{equation*}
n_{s a t}=\frac{\Gamma_{s p}}{\Gamma_{s t}} \tag{4.125}
\end{equation*}
$$

is referred to as the saturation photon number.
The quantum state of the laser mode should be described by a (mixed state) density matrix $\rho_{n n^{\prime}}$ rather than a (pure state) wave function. This is so since we

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cannot regard the electromagnetic field as a closed (isolated) system. It is a part of a larger system consisting of both atoms and field, but even that is not a closed system due to coupling of the atoms to the pumping field and due to the leak from the laser mode to the escaping the laser beam and to the surroundings.

We will not approach the general problem of describing the time evolution of the density matrix $\rho_{n n^{\prime}}$, but rather show that the steady state form of the photon probability distribution $p_{n}=\rho_{n n}$ can be found with some simplifying assumptions. ${ }^{7}$ We first note that for the steady state there is a balance between transitions to and from atomic level 2,

$$
\begin{equation*}
N_{0} R=N_{2}\left(\Gamma_{s p}+\Gamma_{s t} n\right) \tag{4.126}
\end{equation*}
$$

where $R$ is the transition rate, per atom atom, from the ground state to the excited state 2 . We simplify this expression by replacing the photon number $n$ by its expectation value $\langle n\rangle$. This means that we neglect the (quantum and statistical) fluctuations in the photon number, which we regard as small compared to its mean value.

We next consider the photon probability distribution $p_{n}$. The time evolution of the distribution is given by

$$
\begin{equation*}
\frac{d p_{n}}{d t}=N_{2} \Gamma_{s t}\left(n p_{(n-1)}-(n+1) p_{n}\right)-\Gamma_{c a v}\left(n p_{n}-(n+1) p_{(n+1)}\right) \tag{4.127}
\end{equation*}
$$

where we have introduced the cavity loss rate per photon, $\Gamma_{\text {cav }}$. With $|\mathcal{T}|^{2}$ as the transmission probability to the outside for each reflection and $L$ as the length of the cavity, it is given by $\Gamma_{\text {cav }}=c|\mathcal{T}|^{2} / L$. This gives for the time evolution of the mean photon number

$$
\begin{equation*}
\frac{d\langle n\rangle}{d t}=N_{2} \Gamma_{s t}(1+\langle n\rangle)-\Gamma_{c a v}\langle n\rangle \tag{4.128}
\end{equation*}
$$

with the steady state solution

$$
\begin{equation*}
N_{2} \Gamma_{s t}(1+\langle n\rangle)=\Gamma_{c a v}\langle n\rangle \tag{4.129}
\end{equation*}
$$

This equation relates the number $N_{2}$ of atoms in level 2 to the average photon number in the laser mode. We insert this in the steady state equation (4.126), with $n$ replaced by $\langle n\rangle$, and we also replace $N_{0}$ by the total number of atoms $N$,

$$
\begin{equation*}
\Gamma_{s t} \Gamma_{c a v}\langle n\rangle^{2}-\left(N R \Gamma_{s t}-\Gamma_{s p} \Gamma_{c a v}\right)\langle n\rangle-N R \Gamma_{s t}=0 \tag{4.130}
\end{equation*}
$$

[^5]

Figure 4.7: The photon number of the laser mode as a function of the parameter $C=N R /\left(n_{s} \Gamma_{\text {cav }}\right)$. The curve corresponds to a saturation photon number $n_{s}=$ $10^{7}$.

By introducing the coefficient

$$
\begin{equation*}
C=\frac{N R \Gamma_{s t}}{\Gamma_{s p} \Gamma_{c a v}} \tag{4.131}
\end{equation*}
$$

the equation simplifies to

$$
\begin{equation*}
\langle n\rangle^{2}-(C-1) n_{s}\langle n\rangle-C n_{s}=0 \tag{4.132}
\end{equation*}
$$

with solution

$$
\begin{equation*}
\langle n\rangle=\frac{1}{2}\left[(C-1) n_{s}+\left[(C-1)^{2} n_{s}^{2}+4 C n_{s}\right]^{\frac{1}{2}}\right] \tag{4.133}
\end{equation*}
$$

The expectation value for the photon number is in Fig. (4.4.1) shown as a function of the parameter $C$ for $n_{s}=10^{7}$. As a characteristic feature one notes that around $C=1$ the photon number rapidly increases from a small number to a number of the order of $n_{s}$. After this rapid increase there is a continued less dramatic increase where $\langle n\rangle$ changes linearly with $C$.

The curve demonstrates the presence of a threshold for the laser around $C=1$. For smaller values the effects of spontaneous emisssion and emission from the cavity prevents the build up of the laser mode, while for larger values of $C$ there is a net input of photons into the mode which alows the photon number to grow to a large number.

### 4.4.2 Quantum coherence

So far we have considered the expectation value of the photon number, which can increase to a large value for $C>1$. This implies that the mode is strongly excited, but does not necessarily mean that it is in a coherent state that can be described by a (classical) monochromatic wave. For this to be the case fluctuations of the field variables have to be restricted. The fluctuations in the photon number can be determined from the evolution equation of the probability distribution (4.127), which for a stationary situation is

$$
\begin{equation*}
N_{2} \Gamma_{s t}\left(n p_{(n-1)}-(n+1) p_{n}\right)=\Gamma_{c a v}\left(n p_{n}-(n+1) p_{(n+1)}\right) \tag{4.134}
\end{equation*}
$$

This should be satisfied for all $n$, including $n=0$ with $p_{-1}=0$, and from this we conclude that following simpler equation has to be satisfied

$$
\begin{equation*}
N_{2} \Gamma_{s t} p_{(n-1)}=\Gamma_{\text {cav }} p_{n} \tag{4.135}
\end{equation*}
$$

With the occupation number $N_{2}$ determined by (4.126), we get

$$
\begin{align*}
p_{n} & =\frac{N R \Gamma_{s t}}{\Gamma_{c a v}\left(\Gamma_{s p}+\Gamma_{s t}(n-1)\right)} p_{(n-1)} \\
& =\frac{C n_{s}}{n_{s}+n-1} p_{(n-1)} \tag{4.136}
\end{align*}
$$

By repeated use of the equation we find

$$
\begin{equation*}
p_{n}=\frac{\left(C n_{s}\right)^{n}\left(n_{s}-1\right)!}{\left(n_{s}+n-1\right)!} p_{0} \tag{4.137}
\end{equation*}
$$

where $p_{0}$ is determined by the normalization of the probability distribution.
Well above the laser threshold, $C \gg 1$, the we have

$$
\begin{equation*}
\langle n\rangle=(C-1) n_{s} \tag{4.138}
\end{equation*}
$$

as follows from Eq. (4.133). By use of this expression for $C$, the distribution can be re-written as

$$
\begin{equation*}
p_{n}=\frac{\left(n_{s}+\langle n\rangle\right)^{n}}{\left(n+n_{s}\right)!} n_{s}!p_{0} \tag{4.139}
\end{equation*}
$$

We note that this distribution has a form very similar to that of a coherent state, which we can write as

$$
\begin{equation*}
p_{n}^{c s}=\frac{\langle n\rangle^{n}}{(n)!} e^{-\langle n\rangle} \tag{4.140}
\end{equation*}
$$

The $n$-dependence is the same, except for a shift $n+n_{s}$. For the coherent state the width of the distribution is given by the variance

$$
\begin{equation*}
(\Delta n)_{c s}^{2}=\langle n\rangle \tag{4.141}
\end{equation*}
$$

whereas, due to the shift, the width of the probability distribution (4.139) is

$$
\begin{equation*}
(\Delta n)^{2}=\langle n\rangle+n_{s} \tag{4.142}
\end{equation*}
$$

For large photon numbers, $\langle n\rangle \gg n_{s}$ the last term can be neglected and the variance is the same as expcted for a coherent state. However, for smaller values $n_{s}$ introduces a non-negligible contribution to the fluctuation in the photon number. This can be interpreted as the influence of spontaneous emission: It affects the fluctuations in the occupation number $N_{2}$ which in turn influences the fluctuations in the photon number of the laser mode through stimulated emission.

The fluctuation in photon number only describes a part of the fluctuations of the laser field. If we compare with a coherent state, of the form

$$
\begin{equation*}
|\alpha\rangle=e^{-\frac{1}{2}|\alpha|^{2}} \sum_{n} \frac{\alpha^{n}}{\sqrt{n!}} \tag{4.143}
\end{equation*}
$$

the probability distribution $p_{n}$ gives information about the absolute square of the $n$-components, here given by $|\alpha|^{2 n}$, but there is no information about the relative phases of the components. To get information about the fluctuations both in absolute value and in phase, we may for a general state $|\psi\rangle$ consider the overlap with a coherent state $|\zeta\rangle$ as a function of the complex coordinate $\zeta$,

$$
\begin{equation*}
f_{\psi}(\zeta)=|\langle\zeta \mid \psi\rangle|^{2} \tag{4.144}
\end{equation*}
$$

For the coherent state $|\alpha\rangle$ the function is

$$
\begin{equation*}
f_{\psi}(\zeta)=e^{-|\zeta-\alpha|^{2}} \tag{4.145}
\end{equation*}
$$

which means that it is strongly localized around the point $\alpha$ in the complex (phase) plane. A Fock state, with a well defined photon number is on the other hand given by

$$
\begin{equation*}
f_{n}(\zeta)=e^{-|\zeta|^{2}} \frac{|\zeta|^{2} n}{n!} \tag{4.146}
\end{equation*}
$$



Figure 4.8: The complex phase plane of a single electromagnetic mode. A photon state is represented by the overlap with a coherent state $|\zeta\rangle$. The radial coordinate correspond to the direction of increasing energy (or photon number), while the angular variable correspond to the phase of the electromagnetic wave. A Fock state (blue), with sharp photon number, is completely delocalized in the angular direction. A coherent state is well localized in both directions. The photon creation operator $\hat{a}^{\dagger}$, when acting on a coherent state will shift it in the radial direction.
which depends only on the modulus of $\zeta$, and which therefore localized in a ring in the complex plane.

Even if the photon probability distribution of the laser mode approaches that of a coherent state for large photon numbers, this does not determine the angular distribution of the state. To have well defined values for for the electric and magnetic fields, like in the case of coherent states, a restriction on the fluctuations in the angular direction is needed. We will not discuss this question in depth here, which would require that we consider the evolution of the density matrix, including its off diagonal matrix elements. Instead we shall make the coherence probable by considering the effect of the emission Hamiltonian on a state that is already coherent.

The matrix element of the emission matrix element between the two atomic states 2 and 1 is in the dipole approximation

$$
\begin{equation*}
\langle 1| \hat{H}_{e m i s}|2\rangle=-i e \sqrt{\frac{\hbar \omega}{2 V}} \mathbf{r}_{12} \cdot \boldsymbol{\epsilon} \hat{a}^{\dagger} \equiv m \hat{a}^{\dagger} \tag{4.147}
\end{equation*}
$$

In this expression $V$ is the volume of the cavity, and the quantum numbers of the photon mode has been omitted since we consider only stimulated emission to a
single mode. Since the prefactor of the photon creation operator is independent of the photon number they are collected in the constant $m$. The transition $2 \rightarrow 1$ will therefore, when we consider this as a first order effect change the state simply by the action of $\hat{a}^{\dagger}$. If the photon state is before the transition well described by a coherent state $\alpha$ this gives a change

$$
\begin{equation*}
|\alpha\rangle \rightarrow|\tilde{\alpha}\rangle=\mathcal{N} \hat{a}^{\dagger}|\alpha\rangle \tag{4.148}
\end{equation*}
$$

where $\mathcal{N}$ is a normalization factor.
With $|\tilde{\alpha}\rangle$ normalized to unity, the spread of the state in the complex phase plane is

$$
\begin{align*}
f_{\tilde{\alpha}}(\zeta) & \left.=|\mathcal{N}|^{2}\left|\langle\zeta| \hat{a}^{\dagger}\right| \alpha\right\rangle\left.\right|^{2} \\
& =\frac{|\zeta|^{2}}{|\alpha|^{2}+1} e^{-|\zeta-\alpha|^{2}} \tag{4.149}
\end{align*}
$$

For large photon number, corresponding to large $|\alpha|^{2}$, it is convenient to change variable to $\xi=\zeta-\alpha$, which by the gaussian factor is restricted to values of the order of unity. This gives

$$
\begin{align*}
f_{\tilde{\alpha}}(\xi) & \left.=|\mathcal{N}|^{2}\left|\langle\zeta| \hat{a}^{\dagger}\right| \alpha\right\rangle\left.\right|^{2} \\
& =\frac{|\alpha|^{2}+\alpha \xi^{*}+\alpha^{*} \xi+|\xi|^{2}}{|\alpha|^{2}+1} e^{-|\xi|^{2}} \\
& \approx \exp \left[-|\xi|^{2}+\frac{\xi}{\alpha}+\frac{\xi^{*}}{\alpha^{*}}-\frac{1}{2}\left(\frac{\xi^{2}}{\alpha^{2}}+\frac{\xi^{* 2}}{\alpha^{* 2}}-4 \frac{|\xi|^{2}}{|\alpha|^{2}}\right)\right] \tag{4.150}
\end{align*}
$$

where the last expression is correct to order $1 /|\alpha|^{2}$. The linear terms in $\xi$ and $\xi^{*}$ show that the location of the state is slightly shifted by the action of the photon creation operator. This is due to the added energy. The shift is in the radial direction in the complex plane, with the value proportional to $1 /|\alpha|=1 / \sqrt{\langle n\rangle}$. There are also quadratic terms, which show that the width of the gaussian is slightly changed. But these are of the order of $1 /|\alpha|^{2}=1 /\langle n\rangle$, and are therefore less important than the shift for large photon numbers.

Even if this discussion does not show how coherence of the laser mode is created, it shows that the action of the stimulated emission on the photon state is mainly to increase its energy, and only to a lesser degree to change the coherence of the state. However, the rotational invariance in the complex shows that there is no preferred value for the complex phase of $\alpha$. The effect of spontaneous emission will in reality be to introduce a slow, random drift in the phase of the laser mode.


[^0]:    ${ }^{1}$ We shall use the relativistic notation where the metric tensor has the diagonal matrix elements $g_{00}=-1, g_{i i}=+1, i=1,2,3$. This means that there is a sign change when raising or lowering the time-index but not a space index, in particular $x^{\mu}=(c t, \mathbf{r})$ and $x_{\mu}=(-c t, \mathbf{r})$. We also use the short hand notations for differentiation, $\partial_{\mu}=\frac{\partial}{\partial x}$, and when convenient $\partial_{\mu} \phi=\phi_{, \mu}$ and $\partial_{\nu} A_{\mu}=A_{\mu, \nu}$.

[^1]:    ${ }^{2}$ Dirac's quantization condition relates the strength of the fundamental electric charge $e$ to the fundamnetal magnetic charge $g$ in the following way, $e g /(4 \pi \hbar c)=1 / 2$. Since the (electric) fine structure constant is small, $\alpha_{e}=e^{2} /(4 \pi \hbar c) \approx 1 / 137$, the quantization condition gives a correspondinly large value to the magnetic fine structure constant, $\alpha_{g}=g^{2} /(4 \pi \hbar c)=$ $(e g /(4 \pi \hbar c))^{2} \times\left[e^{2} /(4 \pi \hbar c)\right]^{-1} \approx 137 / 4$.

[^2]:    ${ }^{3}$ Any vector field $\mathbf{j}(\mathbf{r})$ can be written as $\mathbf{j}=\mathbf{j}_{T}+\mathbf{j}_{L}$, where $\boldsymbol{\nabla} \cdot \mathbf{j}_{T}=0$ and $\nabla \times \mathbf{j}_{L}=0$. $\mathbf{j}_{T}$ is referred to as the transverse or solenoidal part of the field and $\mathbf{j}_{\mathrm{L}}$ as the longitudinal or irrotational part of the field. In the present case, with $\mathbf{j}_{L}=-\nabla \dot{\phi}$ the irrotational form of $\mathbf{j}_{L}$ follows directly, while the transversality of $\mathbf{j}_{T}$ follows from charge conservation.
    ${ }^{4} \mathrm{~A}$ curious consequence is that whereas for a stationary charge there are no photons present, only the non-dynamical Coulomb field, for a uniformly moving charge there will be a "cloud" of photons present to give the field the right Lorentz transformed form. This is so even if there is no radiation from the charge. We may see this as a consequence of the Coulomb gauge condition and our separation of the system into field degrees of freedom (photons) and particle degrees of freedom. In reality, for the interacting system of charges and fields this separation is not so clear, since on one hand the Coulomb field is non-dynamically coupled to the charges, and on the other hand is dynamically coupled to the radiation field.

[^3]:    ${ }^{5}$ In this expression we have used the freedom to replace the transverse current $\mathbf{j}_{T}$ with the full current $\mathbf{j}$, which is possible since the difference gives rise to an irrelevant derivative term. Note, however, that when the full current is used, the transversality condition $\boldsymbol{\nabla} \cdot \mathbf{A}$ has to be imposed as a constraint to derive the correct field equations from the Lagrangian. When the $\mathbf{A}$-field is coupled to the transverse current, that is not needed.

[^4]:    ${ }^{6}$ For point charges an ill-defined self energy contribution may seem to appear from the Coulomb interaction term. It is here viewed as irrelevant since it gives no contribution to the interaction between the particles and is therefore not included. In a more complete field theoretic treatment of the interaction of charges and fields such problems will reappear and have to be handled within the framework of renormalization theory.

[^5]:    ${ }^{7}$ The discussion here mainly follows the approach of Rodney Loudon, The Quantum Theory of Light, Oxford Science Publications, 2000.

